



40 Years of Old Cuocs

THE UNABRIDGED ANNIVERSARY ISSUE



Not for sale

Stockholm, Saturday, 29 January 2011

www.drongo.org.uk

Editor's Column

Here is is; my last newsletter.
Eric Roller

Who wrote this club song:

CUOC Club Song

[tune: Onward Christian Soldiers]

Onward Cambridge orienteers
Running through the wood
Beating all the others
How we wish we could

Oxford University tried
but could not win
Now we've come to BUSE
and we'll win again

Onward Cambridge...

Keith he was a beardie
Grimble is one still
Chris he is a speedy
But Lydia's on the pill
Ian has divided

Now three bodies he
One goes north and one goes south
And one goes home for ten

Onward Cambridge....

Now through all the country
Roaming far and wide
Happy bunch of morons
Getting into stride

1.

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Anniversary Dinner Quiz

Can you guess the orienteer from the dinner attendees?

Too busy looking at their map s.o.
ran into some fenceposts between
the start and no.1 at a Varsity Match?

2.

Who remembers taking their 1970
Hillman Hunter to drive CUOC-
Cers to events along the North
Orbital? (Hint about the era!)

3.

Was awarded the original "drongo
of the week" title for managing to
lock themselves out of the room
whilst going for a shower and be
seen wandering the courts of the
college wearing just a towel?

4.

Who was one of those elected a
honorary life member a CUOC
in 2002?

5.

Was kidnapped by an ambulance
at a British Champs, to the con-
cern of fellow CUOC members,
who did not know where to find
him? (Hint: mobile phones
weren't really common!!)?

6.

Was described with: "was a new-
comer to the sport when he came to
university and has progressed ex-
tremely well and will hopefully get
even better this year" in a commit-
tee pen portrait.

7.

Who published a book about "the
tale of a small girl's adventures in
the Lake District (see extract in
last newsletter) in a particular year?

8.

When asked how to spell their
last name, who answered that it
was "the same as that of the famous
serial killer ...[one of the moors mur-
derers], bar the last 'y'?"

9.

Spent a long time at Epsom A&E
after a Varsity Match selection race
(what a drastic way of making sure
you don't have to go to a VM!)?

10.

Was one of the recipients of the
"Bucket of Cold Water Award"
during a inter-university champi-
onships event?

11.

Who admits to frequently (but
not deliberately) forgetting the
sleeping bag for the Varsity
match village hall sleepovers?

12.

Who was, in a pen portrait, de-
scribed as "affectionately known as
'bottle', 'alky' or 'aunty'. The former
because of [their] love of all things
alcoholic and the uncanny resem-
blance between [themselves] and a
bottle"?

13.

Who provided a generous supply of punctuation for the CUOC newsletter? Also whose room was this photo taken in?

14.

Was awarded a wooden spoon prize for the slowest time on the B course at their first Varsity Match?

15.

This person is believed to have bought the original DrongO hat that has since become part of the DrongO logo.

16.

Wrote a very detailed “unsolicited review” for the newsletter. *“Most CUOC members give me the uncomfortable impression of having been born orienteers, or at any rate, having come up through the ranks of M/W11, M/W13 etc. Norman Harris’ book (Orienteering for Fitness and Pleasure) is probably not for them. It is no technical manual, there are few hints, no real advice [...], but it does describe, vividly, what it is like to take up the sport, in headlong fashion, at middle age. [...] And it is a very good read – try it out as a Christmas present on a non-initiated uncle or parents. See if it works.”*

17.

This person was amongst those who successfully competed in the first Cambridge O Marathon.

18.

Who is better described as a passionate cyclist rather than being an orienteer?

19.

Which DrongO is the only one who is still in office in the CUOC committee?

20.



Who used to be a game bird, but is now a vet.

21.

In the election fever prior to a CUOC AGM, an anonymous author proposes this person “because maybe that’s the only thing that would keep him quiet.” (But actually never seems to have been a committee member).

22.

Who came up with the idea to hold this year’s Varsity Match in the Czech Republic?

23.

Who is occasionally confused with Zara Length?

24.

Who was a member of SHUOC but spent rather a lot of spare time with CUOC.

25.

Who, before Mark Collis, held the record for the longest uninterrupted presence as a student or graduate in Cambridge (and has managed to leave)?

26.

Who managed to lose the Men’s team Varsity trophy on a train.

27.

A British Champion who can claim to have won the Varsity Match five times, plus coming second in another one.

28.

This messed-up Lost Ice King is best remembered for being nearly permanently injured. Also “been delegated ‘Prince Edward liaison officer’ for Jo.”

29.

Who got “a year’s supply of gob-stoppers” from Santa one year?

30.

CUOC Pub Score Event 14th Nov 1978

Organisers: Ian M. Bratt (a.k.a. Big Ian) & Chris J. Hirst

Rules

- i) All contestants must be on foot and must walk at all times. They must also behave in an orderly manner (even when drunk).
- ii) The start will be at 7.45pm from Cripp's bar, St. Johns college or as soon after as is practical. All contestants are expected to report to the finish in Cripps Bar by 10.30pm. where the merrymaking can continue legally. All contestants **MUST** report to the finish or we will assume that you have been arrested!
- iii) Please do not disturb or antagonise other customers or landlords in any way. They have not been forewarned!
- iv) All participants **Must** enjoy themselves or be disqualified.
- v) **THERE IS ABSOLUTELY NO OBLIGATION TO DRINK ANY ALCOHOLIC BEVERAGE DURING THE EVENING NEITHER IS THERE ANY LAW FORBIDDING IT (WHICH WE MIGHT HAVE A LITTLE DIFFICULTY ENFORCING!!!).**
- vi) The idea of the game is to visit pubs which must first be worked out from the clues provided. There are plus points and negative points and you must try to obtain as large a positive score as possible.
- vii) This is a team event and you must remain in your teams or be disqualified.

Hints for 2011

- i) A Cambridge pub map may help. www.cambridge-pubs.co.uk
The clues for the pubs that have closed have been greyed out !
- ii) The CUOC noticeboard, at that time, was in Gonville & Caius.
- iii) In November 1978, the U.K. was experiencing a bread shortage.
- iv) For the purpose of points c) and d), a new pair of organisers need to be elected.
- v) Finally, competitors were in teams of two tied together at the

How to Win Points

- a) Decipher the clue to each pub (various values from 10-50)
- b) Visit the pubs in any order (proof of a visit is to write the landlords name(surname) on the clue sheet). Various values 50-250 points.
- c) Find one of the organisers in a pub, drinking, or in possession of a drink (before he finds you!) 100 points
- d) Buy the organiser a drink 100 points

How to Lose Points

- a) Be found untied or not in your group/team -1000 points
- b) Be found in the pub by another group -50 points
- c) Be found in a pub by an organiser -100 points
- d) Not buying the organiser a drink -50 points

PLEASE BE HONEST IN APPLYING THE RULES!

CUOC PUB SCORE EVENT 14TH NOVEMBER 1978 CLUE SHEET

Names:

Team Number:

Clue Value (points)

Visit Value

(50)	1. Re-imburse Avogadro we heard Dr.Spooner say?	(100)
(20)	2. What Cambridge weren't after sinking last year.	(50)
(30)	3. What you live on, Eh!	(100)
(40)	4. Sat on toilet confused.	(250)
(50)	5. Heard walking to the club noticeboard?	(200)
(10)	6. Mother and daughter, of a sort!	(100)
(20)	7. Producer of whisky in Rio?	(100)
(10)	8. Oxford pub?	(50)
(10)	9. Edinburgh, Caernarvon or Windsor?	(50)
(10)	10. Choose reel change to catch it.	(50)
(10)	11. Coloured 6 without offspring	(100)
(50)	12. Members of N.O.C. ?	(250)
(40)	13. Not much in use during present lack	(250)
(10)	14. Chigwell event	(50)
(10)	15. Has the ale got gravity here?	(100)
(20)	16. Partner for 11.	(200)
(30)	17. Canonised farmer 'ad e gun down within this pub.	(150)
(20)	18. That orienteers enjoy after a run.	(150)
(20)	19. Try even roast for a change here.	(50)
(30)	20. Usually happy suppliers of 13, but could be members of Deeside.	(150)
(20)	21. Not what beer is made of, but they still sell it.	(200)
(20)	22. Dig with Samuel or Thomas a.	(150)
(20)	23. Owner of lots of 6, 11 and 16.	(50)
(20)	24. Home of 20.	(50)
(30)	25. Mary counts for this hostelry.	(50)
(600)		(3000)

We claim to have drunk.....

pints,

shorts,

fruit juices

cider,

lemonade,

others

Big Ian
9/11/78

Members' Memories

CUOC, as DrongOs remember it.

CHRIS THORNE

1955

"Long, long ago, when I was about 40 years old, I thought it was time to try to get fit again (I had been a hurdler in my youth), and I began some local runs in training. These runs got rather boring, because I was doing the same ones over and over again. I had just about heard of orienteering, and thought that it must be more interesting. I found that there was a CUOC, and wrote to its Captain, one **Charlie Daniel** in summer 1976. Just about 15 months later(!), in October 1977, I got a reply, but from an entirely different CUOC Captain, **Keith Tompkins**, I am pretty sure. He told me of an introductory event, at Santon Downham, on 8 October 1977, where I took some 69 minutes to navigate 5km. This was the "easy" course; there was also a "normal" course and one called "punches only". I was expecting to have to write down things at each control, not knowing about punches (in my ignorance, I thought that top-class orienteers might be called, for some strange reason, "punches"). And there were some pretty top-class orienteers in CUOC at that time: **Chris Hirst** (sometime British mens Champion), **Alyson Reed** (sometime British womens Champion) and **Dave Kingham** (sometime British night Champion). I was by far the stupidest, as well as the oldest, competitor.

My second event, on a black and white map, was at Sandringham, when I got very badly disoriented. A helpful small boy competitor, asked "are you lost, Grandpa" (I could have done without the Grandpa bit), and kindly turned my map the other way up for me. But it still took me 98 minutes for the 4km!

Not a very impressive start, but I persevered, and to my surprise was soon invited to become the CUOC Senior Treasurer. The club thought that it had not got a Senior Treasurer, but it really had one, but they had

forgotten. He was Professor **Tim Smiley** (still active, living in retirement in Newnham). It was slightly embarrassing for me to have to tell Tim that he had been replaced, but he was very gracious about it.

I eventually improved a bit, and even won an East Anglian Championship for my age group one year. But I never got used to contours (my only White Rose was a complete disaster).

And I did manage to make use of my early orienteering as an alternative sort of training for some marathons that I ran in the 1980s. Including the first ever London Marathon, which took me 3 hours 25 minutes, a time that I felt quite proud of (but **Chris Hirst**, also on just his orienteering background, did that same race in exactly an hour less than me!)."

DAVID LEE COOPER

1957

"I was at St Johns 1957 - 1960 and ran in the Varsity Cross country 1st eight in 57, 58 and 59, the year in which **Mike Turner** arrived as a Freshman.

Although CUOC didn't exist in my day, I took part in my first orienteering event in Cambridge in the early part of 1959. At the time **Peter Palmer**, whom I consider to be the 'father' of orienteering in the UK, was up at Cambridge reading for a Teachers Diploma.

He had completed his degree in the early 50's, left to teach in Surrey and returned to Cambridge. His younger brother, **Michael**, was Captain of CUH&H in 1958/9 and he and Peter introduced an orienteering event in the countryside around Cambridge as a variant on the usual training sessions. We ran in pairs and amongst those participating were **Peter Palmer**, **Michael Palmer**, **David Hale**, **Harold Minshall** and myself. We were rapidly made aware of the importance of route choice and

orienteering skill when the winning pair were from the University 3rd and 4th team, thrashing pairs who had raced against Oxford in the blues match in the previous December. There is documentary evidence of that early event in the introduction to Peter Palmer's book, 'Orienteering for the Young'.

The sons of Peter Palmer, David Hale and myself went on to compete at the highest level when they took up the sport. Steven Hale was amongst the best in the world at his peak and clearly GB number 1; Stephen Palmer became British Champion and was part of the team, with Steven, which won Silver medals in the relay at World Championships. Rob(ert) Lee was in the elite squad for over 10 years.

From all the above I do believe that it is very important that the early event held in Cambridge is included in the archive of CUOC."

DON MCKERROW

"It was my privilege to be in CUOC for the first three Varsity matches and to compete in the first two; which we won. I was dropped from the team for the third; which we lost."

Coincidence?

CUOC Newsletter 1970

First year subscriptions were "about 10 shillings to cover the cost of affiliation to BOF and stationary [sic]"

MARTIN GREEN

1972

"At Easter in my 2nd year at university (Trinity College 72-76) I was walking through the Forest of Dean when the JK relays came the other way.

I had always liked maps and now I had discovered orienteering.

I was a hurdler, anything from 40mH to 400mH (Blue for 56.6s at the Varsity match), but unfortunately never had any stamina.

I joined CUOC the following autumn. Introductory event along the backs, failing to find the correct fire hydrant number. Followed by my first M19B course in over 2 hours.

I learnt how to orienteer in the back of the minibus returning from events, the others told me where I should have gone, and what I should have looked out for.

I remember one Icenian with a timed road crossing over the A11 where we adjusted the split crossing times for the kitchen clock time drift during the event."

CUOC Newsletter 1972 / 73

"Despite the network of paths (or perhaps because of them) it was quite easy to lose contact with the map and the secretary apparently found navigation by contours (2 or 3 on the map) to be useful". Refers to Rendlesham.

"Unfortunately Norfolk lacks an abundance of good orienteering country and we must conserve the better woods for the day when standards have risen" – nothing new then?

"The times taken by many of the entry suggest that they would have been well advised to run the B course".

"Luckily there's a bit more news this month so we won't have to read Halliwell's hallucinations" – the early alliterative use of newsletter name?

IAN BRATT

1973

"I was a member of CUOC from Oct 1973 until Aug 1979 whilst I was an undergraduate and then postgraduate at Fitzwilliam College.

I studied Natural Sciences majoring in chemistry and then did a PhD in Inorganic chemistry.

I started orienteering at Kings school Macclesfield and entered my first open event in March 1971. As well as competing for Kings School I also joined Manchester and District OC.

*When I arrived in Cambridge I was pleased to find a small but active Orienteering Club. Some of the members I remember from those days are **Dave Cundell, Tim***

***Helliwell**, brothers **Paul and John Armstrong and John Hurley**. I remember the latter three were all members of DVO. John Armstrong was also an excellent bridge player. I believe he ended up playing for England. He sadly passed away last year.*

In my first year we used to travel to events in two mini minors. This limited the number who could go to ten (five in each) and even that was a squeeze.

I was secretary of the club in my second year and then Chairman in my third year.

*Other names I remember are **Charlie Daniel** (who was from my home club MDOC and now with BOK I think) and **Dave Kingham** from HH.*

The first Varsity match was held at Ivinghoe in 1974. I never did make it into the first team – too fond of drinking. The second varsity match was held at Great Wood in 1975. In 1976 we ventured further afield to Tockholes near Blackburn in Lancashire.

*The first Icenian trophy (after some thirty odd years, memory has dimmed but I believe I had some input into the naming of the event) was held in October 1976 at Mildenhall Woods. I remember it well as it rained for the whole event and I was sat in a car reading the finish clock which one of our genius members, **Andy Carstairs**, had decided would use "decimal seconds" each minute being divided into 100 instead of 60. Needless to say the idea didn't catch on!*



Ian Bratt, Alan Gibson (kneeling) & Don McKerrow (BUSF '74)

1973 / 74

"Generally, we find ourselves going to around six events each term. These make a pleasant day outdoors and a welcome break from such studies you may be involved in".

Of the Varsity Match, the newsletter says that it "will be organised by Mr Roger Smith, the Editor of the magazine The Orienteer", with an apology to the women: "Sorry, Ladies, but Oxford do not yet appear to have any girl Orienteers".

Going to a Wimbledon informal event, "a minibus was found after a struggle. It was fun driving through London".

And "Assuming that Sunday driving is not banned, the forecast [for further events] is..."

About the plans for some forthcoming training, "This is thanks to the University Sports Syndicate, who have provided us with a grant of £25 to print our own money maps with".

"...where there are two or more nearby controls, it is easy to punch the wrong one..."

"A trip to Sweden is projected for sometime this Summer. This is really good Orienteering Country. Real forests, tricky controls and interesting running will make for a worthwhile trip". An early training tour?

Encouraging people to go orienteering instead of revising as the fresh air will clear your head: "It's a big advantage over those who have clogged up their brains by continuous study, and are unable to think freely as a result".

Committee being sought (nothing new!). "Doing these jobs comes in handy when potential employers ask you 'Yes, so you have a degree but what have you actually DONE at University?'" Even better, "And as most employers are ignorant about orienteering, they are happy to listen to what you tell them about it".

IAN BRATT (cont.)

I also vividly remember typing the results of the Icenian events late into a Sunday evening – we were determined to get them completed the same day as the event. In those days we used a manula typewriter and typed on to the stencils which were used to “roneo” the results.

I learnt to map at Santon Downham, the venue for the second Icenian trophy event. My first major five colour map was Little Ouse Valley – for which I still have the original tracings – which was used for Icenian III.

I also participated in six BUSF Champs from Woburn (organised by OUOC) in 1974 to Warren Heath (organised by Reading UOC) in 1979. I have a couple of certificates from these – 2nd team in the B relay 1974; 2nd Individual Men B 1978; 1st Individual Men C 1979.

The two stars of CUOC during my time as a member were **Chris Hirst**, who had competed for Britain at the 1976 WOC in Scotland before he came up to Cambridge and **Allyson Reed**.

One of the highlights as a member of CUOC was coming 10th in the first ever Harvester relay at Eccleshall Woods in July 1978. I ran the 4th (night/day) leg and was fourth fastest on that leg.

Another of the highlights was planning a badge event at



Varsity 1st team 1975: Andrew Carstairs, Dave Hanstock, Charlie Daniel, Martin Green, Dave Kingham (Photo: I.M. Bratt)

Sandringham (having also been involved in the re-mapping of the area) with **Chris Hirst**. That event was a couple of years before it was used for the Midlands Championships (in 1981?).

I was somewhat heavier in those days than I am now (I also played lock for Fitzwilliam) and as there was another member of CUOC named **Iain**, I became known as “Big Ian”. My BUSF certificate from 1979 actually says “Big Ian”. The results from an event which I organised at Little Ouse Valley in June 1978 are actually head “Large in Charge” !!!

JOHN HURLEY 1973

“I was at Clare 1973-76 and a member of CUOC throughout that time, also being Junior Treasurer 74-76.

I was the organiser/planner of a come-and-try-it event at Wandlebury

Ring on 20th April 1975. David Cundall had surveyed and drawn three black/brown maps of West Cambridge, Therfield Heath and Wandlebury which were all printed on the same sheet so the first interesting job was to cut these sheets up. The event was controlled by Capt. John Walsh of the RAF who was invaluable in sourcing equipment, providing transport and generally mentoring an inexperienced CUOC team.

42 competitors completed the 5 K course for experienced orienteers, which was won by R Campbell of CHIG, and 31 competitors completed the 2.5 K course for novices. As well as the expected members of CUOC, WAOC, NOR, SUFF and Stragglers we also had competitors from Thames Valley, S. Yorkshire, Teesside & Cleveland, Edinburgh Southern and New England OC (USA).

As usual minor problems occurred on the day. One control was sited on the side of an old shed, which burned down the day before the event. Another control was in a depression which turned out to be a site of historical significance and a coach-load of archaeologists turned up to admire it while the event was in progress. However the weather was good and everyone seemed to enjoy themselves.

The event made a profit of £6.37 and I hope that this has been spent wisely.”

1974 / 75

“This year we hope to have a ladies team (!) for the match against Oxford and also retain our unbeaten record in the mens’ match.”



1974. Tim Helliwell, Paul Armstrong, John Armstrong, Dave ?, Don McKerrrow, John Hurley, Alan Gibson, Dave Cundall, Dave Hanstock (I.M.B.)

Dec 1975

CUOC's Christmas Production.

OVERHEARD – written by a nonny mouse.

COACH : I think we ought to do some training.

CHAIRMAN : Good idea! Where is the nearest pub?

COACH : Not THAT sort of training.

CHAIRMAN : Oh! What other sort is there?

COACH : Running.

CHAIRMAN : Running! (Shocked)

COACH : Yes! I think it would be a good idea if we told everybody to get fat, sorry, fit over the Christmas vacation.

TREASURER: Good idea. (Muttered)

CHAIRMAN : Yes. But will people actually do any, even if we ask them to?

SECRETARY: Well. (Pause giving him time to work out the question), they might.

MINUTES SECRETARY: How about telling them about local events during the vacation.

CHAIRMAN : There aren't any, at least none worth going to.

COACH : We can at least do some training next term.

CHAIRMAN : At least once a week. (Still thinking the training refers to pub crawling and considering every night ample training.)

COACH : Better on a regular basis.

M Sec : An orthonormal basis.

CHAIRMAN : How about every evening, about 9.30.

COACH : It's dark. How about first thing in the morning – say about 7.30 am before breakfast.

CHAIRMAN : It's dark, (Calculating that the pubs are closed at 7.30am)

TREASURER: Extremely dark,

CHAIRMAN : It's lovely and it's called Eliza...sorry. Anyway it's too early as I've got 9 o'clock lectures every day.

TREASURER: I prefer to run about midday.

M Sec : What about before dinner?

SECRETARY: (Walking up and suddenly realising the solution) Coach can go at 7.20, Treasurer can run at midday, Minutes Secretary can run before dinner and Chairman can go last thing at night.

CHAIRMAN : And you can come at all those times.

COACH : This is ridiculous, we must have the correct attitude to training and set an example to the test of the members.

M Sec : How do you spell 'rididic'whatever? (Scribbling furiously)

SECRETARY: R-I-D-I-C-U-L-O-U-S.

COACH : Yes, but what about training?

SECRETARY: T-R-A-I-N-I-N-G.

The Chairman, having now finished his second or third pint of beer, falls off his chair, and the committee meeting is curtailed to carry Chairman off the stage.

Curtain falls as Chairman is carried away.

COACH : Charlie Daniel,

CHAIRMAN : Ian Bratt,

TREASURER: John Hurley,

SECRETARY: Andy Carstaris,

MINUTE SECRETARY: Jane Carter,

CURTAIN : Peter Batten, and

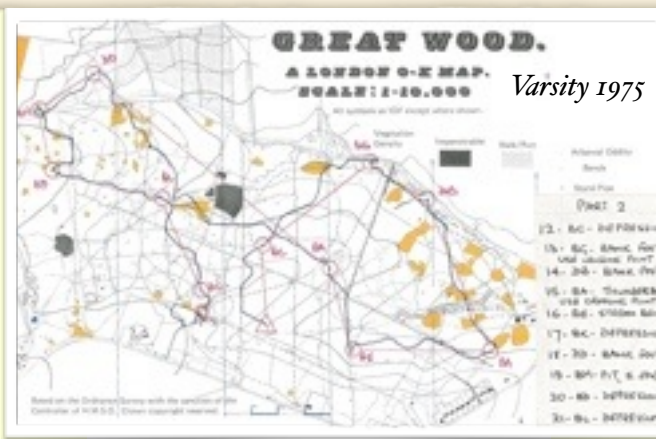
Charlie Patrick was having lunch with Chris Greenwood.

When fun of the fair is past
After the joys of Christmas,
Then six o'clock training
Even if raining
I beg you to come with us.

Anon.

"Transport will leave from the Senate House at 8am PROMPT" – so not quite such draconian traffic regulations in Cambridge back then.

"The Varsity Match v OUOC will take place on Wednesday 26th Feb at Great Wood, just North of London..." – that's where we had the relays for the 2009 Varsity Match!



"At last count we had 25 club members out of over 100 interested initially. 18 have been to badge events."

"busy term – 10 events in 8 weeks"

Varsity Match was moved to 12th Mar as 26th Feb was too close to BUSF. "Two 'Old Oxbridge' teams will also be running"

CUOC event at Wandlebury Apr 20th 1975. Organiser John Hurley thanked all the usual people in the organiser's comments and eventually also "the sun"?!?

At the AGM "The number present, though small, was up on last year and there was the novelty of having to take a vote for the election of committee members"

"Over the past year the club has quite clearly been unsuccessful in attracting new members who become active involved in orienteering" – still trying today!

1975 / 76

Reference to a "Freshers squash" – this term has survived a long time!

In desperation, the newsletter editor is writing poetry?

"There was once a man from Oxford
Who got lost in Wandlebury
Wood

For an Hour or more,
Through brambles galore
He struggled, before being eaten
by a man-eating depression"
(Anon, 1975)

How to find a control: "As everybody knows, all you have to do is find these dozen or so bleeding controls. You can tell they're bleeding because they're red." And "The second thing is don't be put off by elephant tracks, elephants don't orienteer". (Stupid Sam)



1977. Pete Haynes, Keith Tomkins, Graham Nilsen, Dave Kingham, Bob Graham, John Corrigan, Rob Wedgewood, ?, Mike Dalton, Charlie Daniel (I.M.B.)

"We travelled back through 'The A1 Sunday Afternoon Fog' (It is always foggy when CUOC are driving back down the A1 after an event up North)"

Articles on "How to faint outside the Senate House in five easy steps" by P.J. Batten and "Why our club always carries a first aid kit" (useful in previous article) by I.M.Bratt

"POST-EXAM RELAXATION. Dave Jukes is mapping an era of Thetford Chase (half an hours journey), he would be grateful for any assistance..." "POST-EXAM (PRE as well) 'RELAXATION'. Dave Kingham welcomes bodies to join him on his daily training runs.

1976 / 77

"Well, little-Keth, that is, me, has really slipped this time round." To later "we would like to thank all those who are going to help/have helped, depending on when you receive your newsletter"

Refers to Icenian II.

People not turning up to the minibus "because some people had stopped in their warm, comfortable [?] bed [envy]" and "we might have to send Charlie to slap your little botties [!] if this happens too often."

In a look back to the Icenian by Jane Carter "The momentous occasion of the day (as mentioned in the results) was when a cameraman from Anglia TV turned up, stating his intention of filming the event. He pro-

duced quite a respectable, though, brief account, which actually managed to give the impression of orienteering as a cheerful family sport. There was even a photo in that notably internationally circulated 'The Thetford Daily News'.

"Congratulations to the ladies and the 2nd and 3rd [VM] teams. Unlucky 1st team, but it would have been

unfair if we'd beaten them in everything". ("when is Miss Beck going to have his 'inconsistent run'?")

"We are still in possession of Oxford's banner. Any suggestions as to what to do with it?"

"The committee are still coat hangers [sorry – meant to insert "interested in", we still have plenty more controls to make..."

"All those orienteers who have yet to see Dave Kingham's matching tie and bobble hat are advised to do so without delay before he disappears scantily clad into the foaming frothy waters of the Cam having abseiled out of his window using them"

"the annual punt expedition (PBAB) will take place" ... "those who remember last year's event when Jane fell in, in a long skirt and n watches (n=everyone's else's)"

!! "Another success was the recognition of orienteering as an official half-blue sport (at last!). Half-blues will now be awarded annually to the counting members of the 1st teams (4men, 3ladies)"

HAVOC's Langdon Hills events. "Mike 'Jacker' Dalton, Richard 'could you tell me where I am' Graham, Jean 'let's plan our own courses' Mackenzie and Graham 'I didn't follow anyone, honest' Nilsen constituted the somewhat apathetic raining party."

"THERE IS A RUMOUR THAT IAN B HAS BOUGHT A NEW PAIR OF TRAINING SHOES. CAN THIS MEAN THAT HE IS GOING TO DO SOME TRAINING? I WONDER. TIME WILL TELL."



Trip to British Champs 1978.

Back: Alastair Harding, Peter Haynes, Dave Kingham, Keith Tomkins, Andrew Parker, ?
Front: Ian Bratt, Jean McKenzie (I.M.B.)



C.N. Duckworth I.M. Scott R.J. Darden M.F. Dixon R. Graham C.P. Marcus A.J. Harding

G.J. Nilsen M.J. Murray C.J. Nicot R.E. Horlock G.J. Smith M.P. Carter A.J.C. Parker M.C. Brown

I.R.T. Moore Mary Ockenden Allyson Reed P.H. Haynes K.R. Tomkins R.E. Wedgewood Joan MacKenzie Anna Adler D.R. Kingham

Meet The Committee 77/78

No doubt you will already have met some of the committee — they probably conned you into paying your subscription in the first place. This easy to follow guide might(?) help you to identify the rest of the hierarchy.

CHAIRMAN KEITH TOMKINS - 3rd year mathematician from Queens'. Home club- Old Albanians (isn't that somewhere near Yugoslavia?). Our hard working, persevering, organising Chairman who is responsible for making sure that the whole club runs smoothly. If he is clever, he is able to delegate all the jobs to other members of the committee. Keith started orienteering at St. Albans school and is still learning. Other interests- Girton, Walking (round O courses).

SECRETARY PETER HAYNES - 2nd year mathematician from Queens'. Home club- SLOW (yes we all know you are slow Pete). Possibly the most time consuming job on the committee. Pete was a newcomer to the sport when he

came to university and has progressed extremely well and will hopefully get even better this year. Other interests-

TREASURER IAIN MOORE - 2nd year Natural Scientist from St. John's. Home club- have you got one Iain? I don't think you have. Again a newcomer to the sport at University. Iain is the person to be on good terms with if you want any money from the club funds (I dare not say anything bad since the club owes me some money). Other interests- Officers Training Corps.

COMMITTEE MEMBERS:-

ROBERT WEDGEWOOD - 3rd year Engineer from Sidney Sussex. Drives a green Triumph and wears red shorts and sunglasses. Other interests- Gliding and beating Keith at orienteering.

DAVE KINGHAM - 3rd year Physicist from St. John's. Home club- Old Albanians (they seem to be taking over). Again a product of St. Albans school. Dave is one of the club's leading runners and is

well known for his exploits at Trinity Great Court. He is thinking of becoming a professional streaker. Other interests- O.T.C., night climbing and streaking.

ALLYSON REED - 3rd year Chemist from Newnham. Home club - Derwent Valley Orienteers. Started orienteering with Walton Chasers longer ago than she wishes to remember. Ex British Ladies Champion and on the way back to the top although things like Chemistry, lectures and exams tend to impair her training somewhat. Drives a white Viva. Other interests- Chemistry.

GRAHAM NILSEN - 2nd year Natural Scientist from Fitzwilliam. Home club- DeesideFavourite food- bacon and egg. Dedicated orienteer who started with Manorienters in Liverpool many moons ago. Best runner left over from last year after Charlie's departure but he might find some more opposition in the club this year. Affectionally known as Grumble to his friends. Other interest- orienteering, beer.

1977/78

"Yet more orienteering excuses for not winning royal events [following an event at Sandringham]:

- my haggis was viciously attacked by a corgi
- stopped to talk to the Queen Mother
- was chased off the map on the way to no. 1 by an idiot driving a coach and pantomime horses, one answering to the name of Charlie
- I was knocked down by a female (?) lunatic driving a Scimitar
- I had to join the back of a queue of corgis to get to the tree with the control marker on it
- Stopped to help a W21C with labour pains
- Run over by a tank with L-plates

"So far the number of nominations for posts on the committee next year has been absolutely staggering...zero."

"BOOZEFF weekend honours list:

- The women's trophy for pot-hunting – Allyson, Mary, Jean
- The Bobby Charlton Award for footballer of the year – Anna
- The British Rail Results Cock-Up – SUOC
- The Oxfam Feed the Hungry Award – Mrs Kingham
- The Chris Bonnington Roof Climbing Trophy – Dave Kingham
- The Chris Brasher Route Choice of the Weekend Award – Graham
- The Goodison Park Muddy Pitch Medal – Busketts Lawn
- Appreciation of Tower Bridge Medal – Ian
- Jacker of the Weekend – Keith
- Assystant Jackers – Iain and Pete Wilder"

"PS. Any offers for a blue tea-towel with OUOC on it?"

"Anyone who would consider taking the unofficial title of newsletter editor (you don't have to be on the committee but it helps) and is good at typing (well at least has access to a typewriter) should see Ian who is thinking of retiring from the post." – rings a bell?

"In the results of a recent event members of CUOC were strongly criticised for their 'ignorant, unfounded criticism'. The moral of this story is that if we don't want to get a bad name for ourselves we shouldn't make loud conversation about the failings of the course planning/the map/controller's specs/event in general, whilst standing at the results/the finish/anywhere else where the controller or planner might be within ear-shot, and perhaps a spot of praise might be in order as well."

We're first with nopesport manners

1978 / 79

"Starting soon!!! The famous C.P. Mercer BLACKMAIL column. If you don't want to be blackmailed in the forthcoming column, and have entered the November Classics, please send the fee (0.85p, +£1 interest per day), to the aforementioned hero-to-be, accompanied by an honest woman (2nd choice - dis-honest),

otherwise secrets will be revealed!!

For instance, how many stomachs has a certain ex ex ex chairman got? How many spare beards (assorted colours) has a certain ex ex Liverpoolian got? Which hero has the smallest socks in the club? All will be revealed, maybe..."

"Grimble is over the hill already..."

"Congratulations to Chris Hirst, the club start, on being placed 20th in the recent World Champs".

"Allyson Reed, who was travelling reserve for the Woman's Team, obviously failed to correctly plant her banana skins"

"WANTED: slow tortoise wishes to meet even slower animals with view to mutual masochism exercises. Ability to crawl essential. Eventual aim is to beat Hares! (Snails need not apply. Reply to 96, Huntingdon Road, Room 4"

Chris Hirst: "I find it difficult to navigate on one leg..."



Kathryn Riley

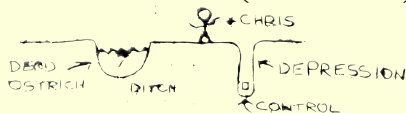
Cambridge

M. Giller G.J. Nelson I.M. Beall A.J.C. Parker C.P. Mercer M. Page A.J. Harding

H. Buchanan P.J. White A. Graham C.J. Hirst P.J. Townsend R.E. Horlock C.M. Corfield R.S. Chapman

Anna Adler Jean Mackenzie Allyson Reed Dave R. Kingham P.H. Haynes G.J. Smith I.P.T. Moore Mary Ockenden Alison?

"I am still kicking myself for having spent about half an hour looking for a depression when I was actually standing on it. Here I am going to create orienteering club history by drawing a picky in the CUOC newsletter..." (Chris Mercer)



"How to plan a badge event (translated from Swedish by a Turnip):

- Find an area – anywhere will do.
- Get some Burk to map it for you.
- Use a pin and blindfold to position controls (say about 70).
- Use a ruler to join suitable points ensuring approximate course lengths etc.
- Put controls out.
- Take controls in.
- Congratulate yourself.

Other features in this series coming soon include:

- how to dig depressions
- how to kill your opponents
- how to fill depressions (with bodies)"

"Why is it so difficult to write articles about the last VM? Did nobody see what happened? Was that: -

- because they were asleep all weekend? (eg Mike Giles)
- because we didn't know what they were doing there anyway? (eg. Pete Haynes)
- because they were going so fast that the blue shift stopped them seeing what was happening round them? (eg Chris, anyone in Colin's car)
- because they hadn't recovered from the hump backed bridges (eg Hilary, Alison)
- because the brambles got them? (eg Mary)
- because Big Ian got them? (eg. Keith)
- because the Bermuda triangle is now centres over Shearwater (eg Grimble? Big Ian?)
- because the mulled coca cola got them (eg Hilary B)
- because the Hilary (God) Beck got them (nobody I hope)

- because RUOK got them (eg Andy, Bob)
- Nick Corfield was navigating (eg Allyson, Nick)"

"Jean, to Mike, discussing the merits of Army DMS boots in slushy weather: 'They're great, the only ones I know which don't leak.' Then Chris quoth (and he wasn't pissed) 'And you can write upside down with them as well!' He should know."

"If you write an article for the newsletter please use your BEST handwriting and proper punctuation, as this facilitates speedy censoring editing and typing. An award will be made at the end of each term to the contributor with the neatest writing/best spelling/fewest grammatical errors. At present I am way in the lead (and modest with it)..."

CUOC Committee 1978 / 79

"Gavin Smith [...] spends his spare time rewriting good songs for parties, and perfecting his sideways shuffle running technique.

Big Ian Bratt from Fitz is the club equipment officer, although he's been here so long that he's almost part of the equipment himself. His sports include rugby and mini-bus driving (the difference in technique is hard to spot). In his spare time he dabbles in post-graduate chemistry, and hopes to have a Ph.D. (in eating and drinking?) by the end of the year.

[...]

We hope this gives you sufficient information about the happy band of lunatics who run the club. The authors except no responsibility for the above, and were last head of in South America."

ADAM LEAF

1980

- Thinking about to my CUOC days, I remember the early Sunday mornings cycling up to Churchill in the snow to get my 1970 Hillman Hunter for a 7am meet-up then driving hours round the North Orbital (a road in Hertfordshire before the M25 was built) or up the A1.

- Then there were those luxury scout huts in the middle of nowhere for the bigger events like the JK.

DUNCAN BOOTH

1980

"I can't actually think of any specific moments from our time in CUOC, and I'm pretty sure nobody had invented cameras back then."

TREVOR HOEY

1982

- **Peter Redhead's** lemon curd habit;
- **Mark Fettes** encounter with a motorbike (ouch!);
- mapping Bush Heath Woods for Icenian, then not getting the maps until 48 hours before the event (all went fine on the day);
- mountain marathons with
- **Neil Gostick** (as a pair of permanently injured 21 year-olds); and
- organising Cuppers in a very snowy King's Forest with **Jon Forster**, chasing the odd bloke from the Transport Research Unit who had a double-decker bus around Cambridge late at night the day before the event, and having last start in the gathering gloom, following elephant tracks through the snow.

1979 / 80

Of the Karrimor "Congratulations to D Kingham who dragged Mark Elgood (OUOC) round with him and finished 4th in the elite class. Pete Haynes ran with Colin Duckworth (UDOC) and despite this still completed the B-course. All three Harding brothers took part; Kevin fell asleep halfway round the first day course."

"An inaugural inter-college cuppers will take place on March 9 at Mildenhall or Santon".

"Introducing the new 'Dear uncle Mike' column. Please sent your problems to me, Mike Proops, be-

hind the washrooms, third drain along..."

"King's Chapel looks a bit like Battersea power station"

"The Oxford (who?) Dictionary of Orienteering Terms: (Grimble)

Aiming Off. A nice theory is that which holds that, to get from point A to point B, you take a compass bearing, follow it religiously, and come out facing the control. Not so in practice - somehow, you always seem to get distracted by those marauding head hunters (the famous Cock-a-Knee tribe in Effing forest, for instance), that rattle snake pit or the discovery of a W17 stopped to relieve herself, and end up totally lost. As a solution you simply run in totally the wrong direction to start with ('aiming off') thereby saving much valuable time otherwise wasted playing with the compass. The technique is an old one believed to have been invented by British Rail.

Attack Point. Where to enter the ruck at the bar at the JK social.

B.O.F. A famous clip from 'Blazing Saddles'.

Bramble Bashers: People with early start times.

Compass. A dual purpose device for finding iron ore and for scraping the mud off your O-shoes.

Contouring. A method of going round in circles designed for orienteers with one leg shorter than the other.

Control Card. For mopping up the blood when you tattoo your thumb on the last control.

Description Sheet. Something you never need until it's stapled to the most inaccessible part of a large map.

Doppler Shift. The reason why Iain has difficulty stopping at read traffic lights.

Legend. 0.3048m, by act of parliament.

Magnetic North. The direction to a theoretical point in the geoid representing the projection of a pole of an equally hypothetical dipole magnetic field source. Approximately constant for six days

of the week, but seems to vary violently to and fro on Sundays.

'The Orienteer' You may well ask..

Over-Round Problem. See 'attack point'.

Pace Counting. An anti-boredom device invented by mathematicians (who need the practice) in Thetford.

Pre-Marked Maps. The ones with thumb-prints, ink blots, blood stains and creases in them before you get them.

Rough Bearing. The suspension of a Cambridge Car and Van Hire minibus.

Route Choice. You have finally got served at the JK social. Now how do you get those 15 pints, 2 grapefruit juices, and 12 packets of crisps back to your three waiting companions?

Runnability. 1) A nebulous term describing the mapper's enthusiasm for mapping a particular block of forest. 2) The degree of bacteriological contamination of the orange juice.

Running on the Needle. The practice of taking artificial stimulants before a race.

Scales. Something Pete might do well to practice before trying to whistle anything more adventurous.

Training. An exercise involving collecting in the controls left out after the badge event two months previously.

180° Error. See 'aiming off'.

"CUOC books published by 'Puffing books':

- "Allyson through the watchglass – the fantasy world of a chemistry post grad
- And quietly follows the don – C Morley: more orienteering secrets revealed
- Around the world in eighty minutes – D Kingham: Dave explains the art of brewing and drinking real beer
- Hirst encounters of the third kind – C Hirst
- Nausea – M Giles

• Physio – B Horlock: the book from which A Hitchcock made his famous film. It tells of Bob's spine chilling visit to Addenbrooks

• The ragged trousered orienteer – A Parker: follow up to A Kay's 'Ripping Yawns'

• Tinker, Taylor, Soldier, Spy – M Ockenden: Mary puts in writing the traumas faced by orienteers facing a career..



Alison: 'you would be surprised at the things you can do with carrots.'

Jean: 'if you do that again I might drop everything and that wouldn't be very amusing'

?: 'You're all slimy'

?: 'Every time you laugh I feel the vibrations in my rib cage'

1980 / 81

"first Cambridge O-marathon" to be held, but shorter option of 13.1km, 10.4km or 5.6km for those who can't run 26km so soon after Christmas.

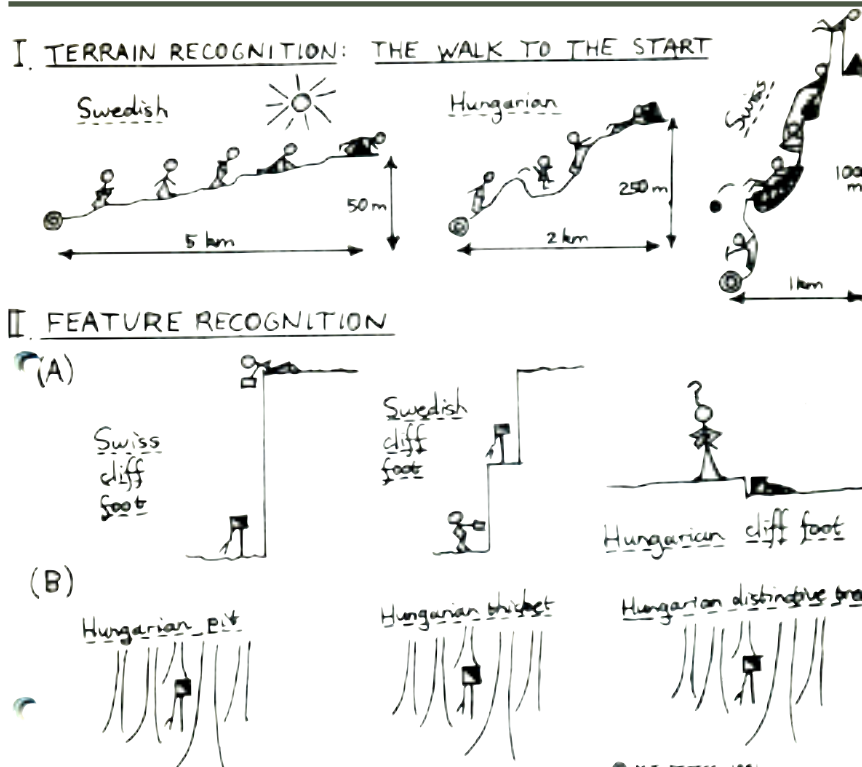
"Diary of an Icenian organiser. [...] To all those contemplating organising the Icenian next year, beware! You'll end up totally shattered, with your social life in ruins (unless you have friends who like writing out 1200 control cards) and a huge phone bill. But take it from me...IT'S WORTH IT"

"It is, I suppose, the lot of all newsletter editors to bemoan the lack of articles but I sometimes feel I am bashing my head against a brick wall when appealing for event reports." – not the first or last newsletter editor with that feeling?

1981 / 82

"Sir, I feel that I must defend myself against the libel in the last issue of your otherwise excellent publication. You claimed that I have never used my compass. I should point out that:

I run too fast and my map reading is too accurate [...]



Tips for European Orienteering (EUR-O)

I have been using my compass frequently whilst surveying [...]

[...] Of course I know perfectly well that the red end points south [not west as suggested by the newsletter!] However, I have noticed an odd tendency; a second or two after I have started looking at it, the needle starts rotating and eventually settles down pointing north. [...]

"Why is it that Grimble's article always make me wish I knew a good libel lawyer?"

1982 / 83

"Scandal time..."

Grimble: 'Cathy, is that Cider getting to you?'

Quentin: 'No it's me.'

And as a result of the quiche eating contest held at the last club lunch, the following are not real men: Jon Holverson, Nick Lawrence, Paul Cohen, John Crosby, Iain Cameron. The status of Peter Gray is unclear: he eats quiche but doesn't know what it is. The status of Val, Alison and Sarah is also unclear. However it can be confirmed that they are not Real Men. If you are unsure what any of this means, for a suitable bribe

anyone who was at the Therfield Heath night event might explain further...

"Gavin claims to have won the Christmas Crossword, but Dan won't given him his Mars Bar because apparently Grimble didn't say GRRRRrrr..."

"CUOC ROLL OF HONOUR: The following are believed to be leaving CUOC after many years of active service. May they all RIP.

Seven years: Pete Haynes, Iain Moore, Grimble

Six years: Gavin Smith

Four years: Michael B, possible even Roger Geere (after 4.X years)

Three years: Neil Blackhall, Mark Fettes, Adam Leaf, Mike Moreton, Dan Parker, Simon West, Sarah Wood, possibly even Richard McMahon (3.y years) and probably many, many more..."

"Dinner quotes.

Jo: 'I suppose he could take his trousers off'

Cathy: 'I suppose he could do it now'

Paul bashes Karen over the head. Reply from Dan, 'I didn't see what

happened', (about Simon) 'He earned it!'

Andrew Parker to A.Aardvark about the Harding Plan to produce the Ultimate Orienteer, 'That's your job'

1983 / 84

Introducing the committee. "Q. Harding. Nearly the last of a huge orienteering family to come to Cambridge. Likes Aardvarks. Follows in his brothers anthills, His little sis has just joined us too"

Ali H to Iain C & Pete Gray: 'Look at those underpants...'

"New people to look out for in the club:

- Alan 'I've a hole in my engine' Braggins
- Tony 'injury' Burton. Actually quite good, would get worse if he trained.
- Stewart "Hair" Amor. If he ever turns up to anything recognise him by his wig."

"It is rumoured that the club has organised training, consisting of:

- 'Long intervals' – the break between training sessions
- 'short intervals' – the break between injuries

Informal training may consist of:

- 'a short run' – Karen's annual training
- 'a long run' – the time from now to the end of your training session, this applies equally on a short run, see above."

"Chairman's Knots. These Nodes are written under duress, Alison has tied me to her typewriter & will not release me until I've spelt noses correctly 1000times (Notes x 1001)."

Ali's law: "The amount of bread purchased for a CUOC lunch is inversely proportional to the number of orienteers who turn up, but directly proportional to the number of breadknives".

"Quentin: Turn my legs upside down and they still look the same.

Quentin: Do you always take your eyes out when you go to bed?

Richard: Ach, boyo the noo, so it is Gronwyn me dear.

Gronwyn: zzzzzzz!"



Dynamic drawing of an orienteer running for you to colour in at your leisure (1986)

PAUL CURZON

1983

Has played a leading role in the formation of our club. Here come few more details:

"The name DrongO (note the correct use of capitalisation - it's important!) was originally coined either by or about **Jon Forster**. It started not as a club name but as an honour awarded each week to the person who had done the most stupid thing.

The earliest example I can remember of '**drongo of the week**' which may have been the trigger was Jon managing to lock himself out of his room after going for a shower and so being seen running round the courts of Emma wearing only a towel.

Phil Slingsby I think was another person deserving of the title a lot. There was also an episode where someone drank a flask of week old cam water from an orienteering treasure hunt thinking it was left to drink with the cake.

It then started being used as a general term for people who were not taking orienteering especially seriously (or pretending not to) - a group of us that met informally for tuesday group training runs suitable for all levels of runner followed by home made cake (the more important bit). When we decided to set up a club for folks who had left it seemed like a good name for it as most of the people interested were definitely drongos [!]

The orange hat over the last O is a picture of an orange hat that was awarded to the drongo each week. No idea where it came from and it vanished as mysteriously as it had come - but it was very silly.

Incidentally, if you like random facts the blue bird logo was originally drawn by me as a self portrait in a depressed moment mid PhD, or alternatively is a picture of a drongo which is an australian bird (but looking nothing like that)."

1984 / 85

"The advantages and disadvantages of being a manned control: a study. Drip. Drip. Drip. Page 110. Drip. Drip. He wipes drop from page. Scratches ear. And on lobe. Kills ant. Drip. [...]"

"Through bush and heath and wood and marsh, brashings foul and weather harsh, If of these things you live in fear, You'll never make an orienteer. (Anonymous)"

1985 / 86

Of Norwich open event at Morton Hall, "I thought the most difficult part was navigating back to Cambridge for Chris Thorne by his cross-country route".

"Sorry. I'm told I spelt Rona wrong on page 1 sorry to Rona. All other misspelling of people's names if due to Colin not me, i.e. the editor is not at fault for any misspelt names in this newsletter (honest!). An Iain production!"

"Aiming off - an excuse used for being found 600m to the left or right of a control"

"Chairman's notes. Due to severe lack of chairman there will be no chairman's comments in this newsletter"

"Heard in the forest... 'Are you looking for pit BC?' 'No, I'm the controller watching you look for pit BC.'"

IAN BUXTON

1984

"I joined CUOC back in 1985 - partly because I had orienteered at school, and partly, I must admit, because it was seen as a legitimate reason at the time to get permission to keep a car in Cambridge, so that I could give people lifts to events. I probably glossed over the fact that I only had a mini so the lift capacity was somewhat limited..."

My main memories are of the weekly lunches, held on Thursdays (?) in **Dr Chris Thorne's** rooms in Catz. The hearty and healthy breads, cheeses and various spreads made a welcome change to Pembroke college trough. I seem to remember they were well attended, and there was a lot of orienteering talk which often went over my head (such as mentions of the mysterious 'JK'), as well as plans for up-coming events.

I only remember going to a few actual orienteering events. In fact I was almost worried I'd imagined the whole CUOC thing until I stumbled across some old maps in the loft at my parents' house a couple of years back! I remember driving a few people (probably **Mike Roe**, **Jon Forster** and **Iain Tebbutt**?) to an event at Box Hill near Dorking - it was about the steepest event I'd ever done. It was also a very slow journey there and back, unbeknown to me the mini had a blown head gasket!

I know that I competed at (well, went to) two varsity matches - but have no real memory of the events themselves! looking at the contours on the Formby map I probably put it out of my mind quite quickly (I think I was second-last on the C-course). My memories of the Rheola event near Swansea are that it was rough and steep and long! My car journey

log from the time has an entry for the 'Flying Angel' at Swansea docks - does anyone else remember going there?!

One thing I do remember was the day my CUOC O-kit was presented to me. It was basically a set of white, pale grey and pale blue nylon pyjamas, and I remember thinking they were far too skimpy for me to wear outdoors! I'd be sticking to my jeans and sweatshirt... They have been used precisely twice - once at the 1987 varsity match in S Wales, and once at the 2010 Varsity match relays in Cornwall. I suppose I should be pleased they still fit!"

1986 / 87

Overheard at Icenian: "There goes Roger with his clapped out Princess

"CUOC Xmas presents - a few quiet words to Santa and a subscription to the newsletter allowed me to obtain inside information on what CUOC members got for xmas:

- Phil Hunt: Paul Curzon
- Paul Curzon: Phil Hunt
- Ian Buxton: New exhaust
- Jane Barrance: Pocket diary for every pocket
- JT: Road driving licence
- Mike Roe: Alarm Clock
- Darryl: Very tall new set of stilts
- Miles Barker: New dog collar (+lead?)
- Chris Thorne: Yet another 20 year old hat
- Roger Geere: New bodywork
- Donald Reay: New metal detector so that you know where not to search for the safety pins + book "The blindman's guide to feeling your way around"
- Barbara Marshall: Bottle of Gin, Whisky, Vodka, Martini, Sherry, Brandy, Benedictine, etc.
- Steve Nicholson: New sophisticated electronic device to make sure that you punch at all controls including 2nd master maps
- Iain Tebbutt: Years supply of gobstoppers (? Ed)
- Phil Slingsby: New pair of legs + set of 20 dernier tights to match

- Mike TghdrLiui: Pair of shoes - but will he wear them in preference to the boots?
- Colin Smith: Wind tunnel for testing 'drag' factor
- Gill Tweddle: Tweedle Dee - but who am I anyway
- Jon Forster: Blues tie, socks, scarf, blazer, undies, shirt, sweater etc etc"

DARRELL HIGH 1986

- Running the Varsity match in football boots and a rugby shirt from my school days;
- The first ever Alc-O;
- The minibus with benches down the side and no windows;
- Flat forests;
- Thinking I'll never be as good as **Steve Nicholson** (and finally beating him once in 2005!)

ALISTAIR HINDLE 1990

- The 1996 VM in Fontainebleau was pretty cool.
- The 1997 JK at Penhale Sands - got up in the middle of the night one night to find the tent I was in was lined up with the comet Hale-Bopp.
- The editing decision when Bush Heath was being mapped to remove the bramble screen from most of the map because it didn't look very nice with all those green lines.
- Overtaking an Oxford runner during a BUSA relay when we had both missed the control by miming being lost while nipping back for the control and then wandering off looking confused.
- The very embarrassing time we went to a major relay which didn't censor our relay team names.
- **Eric Roller** coming back from the 1997 British Champs, going to the ambulance to see

about the cuts he had. The ambulance vanishing off with Eric in it. Wondering how to find him again, at which point he reappeared having had to travel back under his own steam. [Eric: I had been wondering back for about an hour until some friendly orienteering family saw me and gave me a lift to assembly.]

DAVID BOWMAN 1991

- Weekly lunches at Sidney Sussex and the scrum as everybody made sandwiches out of whatever Sainsbury's food they could find laid out on the pool table.
- Nigel's fantastic newsletters with spoof adverts.
- Me being probably the only linguist ever to be appointed CUOC Junior Treasurer and then struggling with the double-entry bookkeeping (all on paper...)
- Formal halls in the exotic colleges of other CUOCers - and especially that one where a girls' sports club sitting opposite us stood up and flashed their breasts at regular intervals.
- Christmas training tours and that classic puzzle O event in the Lakes where we had to locate a marsh in a section of map - it was **Chris Marsh** wandering around carrying a kite & punch...
- The "Sun tops" and those lovely lycra tights with "Cambridge" down the side.
- No-hands puddings.

DAN MARSTON 1992

"Have a lot of good memories from CUOC - especially a lake district training camp, including managing to get my better face on a group photo... Don't have that photo :-("



Prior to the 1993 Varsity Match in Clent Hills

LOZ COLYER

"Well, it was a great 4 years and it was probably the start of my change in career. Many good mates (that I don't stay in touch with enough at the moment), I loved the orienteering all over the UK, plus Sweden, France, Czech Republic and Lithuania. Slightly embarrassed now about some of the more drunken and debauched moments now that student days seem a long time ago.

No single moment stands out but pleased that Lake District training weeks and a French Varsity Match happened while I was involved in the club. Much nostalgia possible, so just hope CUOC carries on in some form or other.

Photos from my CUOC days: there's no way you're having any of those from me. Any photos that someone else finds with me in them are unauthorised, I will deny all knowledge, and you'd better be able to afford the legal fees with they become public, all over again..."

At the 1996 annual dinner, Loz handed out a classic set of prizes, including a Y-shaped stick for **Mark Collis** to rest his chin on. Loz reminisces, that Mark *"did have an incredible ability to boogie around on the dance floor whilst clearly fast asleep after a skinfull of beer, with his head lolling forward and in need of support... what a skill!"*

Petr Lukšan received a set of handheld flip cards with phrases like "kiss me" and "get

your kit off"; these were passes around all evening. **Karen Vines** got a pair of knitting needles and promptly started to knit for the rest of the evening.

1993 / 94

"Hearty congratulations to Mr T. Lenton esq. on getting the editorship of 'Route Choice 5' [...]. If his contributions to Varsity and ALoOC are anything to go by, it should make enthralling reading."

"Shit-hot-runner type: 'Have you got it then?' Nige-slow-but-sure: 'Yeah!' Now there's the real reason to go orienteering — that feeling of incredible smugness you get after exiting the control and leaving Johnny 'Elite Saliva Squad Squaddie Squadness' scratching his head, whilst you kick mud up into his face."

Race report from Martin Potter: "Also had snobby greeners up my nostrils and in my lungs, which

had to be coughed and snobbed up frequently (mostly all over my O-shirt and hands) — great delays obviously and in slight need of a no. 2!"

And from Eric Roller "[...] I don't like any 'funny' comments here, especially from those who consistently show the white feather by going for the shorter blue course. Well let's face it, I'm only doing this to keep fit for ballroom dancing anyway."

Tim Lenton? "This sport takes a heavy toll on the vibes of the forest. I mean lots of people running around frightens all the little animals especially the bunnies. [...] Orienteers have no consideration, they just go crashing through leaving a trail of terrified bunnies and bad vibes in their wake."

Jon De Main: "In the first term [of my second year] I occasionally orienteered, but organising the SprintO seemed to kill my enthusiasm, and my trips to forests to hunt orange flags stopped."

"FREE SALIVA FAST SETTING THUMB COMPASS only with the last edition of A.L.O.C. NO FREE COMPASS? Tough shit — your newsagent's obviously nicked it!"

"Please Note: The contents of this newsletter are strictly copyright. If anyone copies any of it to put into their own inferior magazines, I'll rip their balls off, even if they are 'right-on' squaddies with poofy permed haircuts." Nigel Whiteoak.



*No-hands pudding at the 1993 Summer Barbeque.
Loz Colyer, Adam Poulson, Nigel Whiteoak (Photo: Dave Bowman)*

NIGEL WHITEOAK 1992

- Leaving someone behind in Epping Forest after the Alc-O at a SprintO. They ended up having to make their own way back via the underground and train.
- Running in the Lakeland 5-days, proudly sporting our new and legendary 'sun-tops'. We heard another competitor commenting on them in disgust: "Have you *seen* those new Cambridge tops?"
- CUOC Captain **Andy Varley** labelling the meat-eater vs veggie tick-boxes 'fussy' and 'normal' in the sign-up book ... then promptly becoming veggie on leaving Cambridge.
- Hummus, Sainsbury's brown loaves and swiss roll on the table-football table at Sidney Sussex.
- Riding back from the SprintO with ShUOC and being introduced to the concept of the 'abuse seat' (the person sat closest to the window has to hurl abuse at random pedestrians).
- The puzzle-O on Coe Fen (and later in the Lakes) when 'Marsh in this area' was actually **Chris Marsh**, wandering around with a punch in his pocket.

ERIC ROLLER 1993

- Showing off my 30-lap Casio wrist watch to **Andy Varley** at the freshers' fair to identify myself as a 'serious' orienteer;
- writing newsletter articles during the summer months whilst being bored at the lab;
- posting bizarre training schedules; my favourite one was in the form of washing machine instructions;
- comparing split times in the back of the mini bus (on a couple of occasions, **Alistair Hindle** pressed the wrong button on his fancy new wrist watch and instantly deleted all his splits);
- running 'pentagon' intervals on Lamas Land, training fast pin punching (!);
- wearing a bra-like contraption to keep the Polar heart rate monitor belt from sliding down;
- proud name giver to the 'Eric', a 15-min mistake at the first control;
- doing an 'Eric' at the VM '96 in Fontainebleau, France;
- winning the 1997 VM on Silver Howe in the Lake District;
- missing the event in the morning after the best ever annual dinner;
- the "beer can" O-top, with the "now 15% faster" slogan.



(E. Roller 1996)

VIV BARRACLOUGH 1994
(NÉE KAYE)

... remembers "those days of organising Choc-O and tea runs for CUOC and the Winter Training "Tour" to the Lakes (does it still exist. I wonder?) That was one of the first events I recall when we spent time with OUOC on a friendly basis. Quite different to those Varsity Matches where I would usually, and not deliberately, forget my sleeping bag for the Village Hall sleepover.

Looking back, there were many examples of lack of planning on my part; aside from the route choice type errors there was the time when I organised the Annual Dinner at Kings (the important anniversary one) and omitted to ask permission to have the all-important photo taken in front of the Chapel. Still, plenty of people bought copies of the one in front of the cafeteria. Then there was the SprintO at which involved an ambulance and a fire engine and the first ever AlcO (**Richard Baxter's** idea)."

1995 / 96

"Last year at Cuppers, we had a prominent guest from the Hare and Hounds: Donald Naylor who [...] competed in the World Cross Country Champs. [...] He didn't expect to win, but with 34 odd minutes, he didn't expect to be beaten by a margin of 10 minutes either; but maybe more surprising to him was that he was overtaken AND out-sprinted by Loz!"

Claire on coming to Cambridge: "Journeys along roads in Cambridgeshire had let me to believe that flat fields and drainage ditches constituted the geographical highlights of the entire region — actually, that's quite true isn't it?"

"CUOC is certainly THE club for cunning running."

Dave: "Czechs are hot orienteers."





P.Luksan M.W.Collis M.A.Robertson A.A.Hindle A.Poulson M.A.Parker M.D.Stevenson P.B.Kirk T.F.Wiegand P.Curzon
 R.A.Hammond S.K.Vines J.A.Skyrme A.Colyer A.Landmann S.Murphy L.J.Pyrah L.J.Partridge L.B.Wilson M.H.Garzon P.Shepherd
 N.A.Whiteoak A.M.Hayward A.W.Hodgson V.A.Kaye L.M.Colyer M.A.Wahr E.T.Roller D.M.Mahro A.J.Varley
 (Ladies Captain) (Captain) (Treasurer)

The 25th Anniversary Annual Dinner (1996)

“LINK BETWEEN ALCOHOL AND SPORTS PERFORMANCE FOUND

OBAN & CAMBRIDGE. The recent results of CUOC at the British Orienteering Championships in Scotland give important evidence to a link between alcohol abuse and top-level physical performance. [This] defies all laws of alcoholism. One individual was so stunned by his speed that he found himself unable to stop in time and ran out of the map.

In the present study, the abuse levels were scaled from zero to six pints on the nights before the events. Some side effects like ‘day-

dreaming’ and ‘getting lost’ seemed to [occur, but], lack of sleep enhances the alcohol impact twofold. Eric, a nearly-six-pint guinea pig, recommends, ‘I had a storming run with only three hours of sleep [...]’

[This is the] result of the hard work of the present club captain, Laurence Colyer, who [introduced] a new committee post, the alcohol officer. Viv, the present Alc.O.: ‘[...] Every CUOC member has the right to get drunk, [at] regular pub meetings [...], run-and-drink sessions and [...] Formal Halls’ Viv has also introduced the famous CUOC margarine and coleslaw

fortified with 5% alcohol. [...] The most important event coming up in the CUOC alcohol calendar is this week’s Annual Dinner which has been known [to] improve performance in more than one respect.

Yet physical training continues. ‘Actually, the new running training calendar is only a cunning ploy to make people more thirsty’, confesses Eric. ‘I have also made sure that there was enough rum in every cup of tea after our Wednesday runs. [which is why] I wanted to name the sessions *tea rums*.’

Based on the results of the study, [...] CUOC [will] run 13% faster...



The "beer can" O-tops 1996. Back: Petr Lukšan, Mark Collis, Rolf Crook, Matt Mab. Front: Eric Roller, Ann Collyer, Viv Kaye, Mark Stevenson.

MARK COLLIS

1995

I was fortunate enough to be a pretty active member of CUOC for eight years so have many memories to choose from - here are some of the highlights:

- Training Tour 1995. I can only remember going to one event during my first term (the Sprint-O, where I took so long in the first round that the second round had already started...) but what really hooked me on orienteering was the week in the Lakes at the end of term. Not only were the areas much more beautiful and challenging than any I'd been

to before (most of my early orienteering was around parks in Croydon) but there was a great social atmosphere even though I didn't know anyone else that well. I resolved to try harder to get to events in Lent term - and the chess club never saw me again...

- Varsity Match 1996. I wasn't competent enough to appreciate the boulders of Fontainebleau properly but travelling abroad for my first VM felt very exotic. I also remember correctly predicting that there might not be any pint glasses

and bringing one with me, however I then made the fatal mistake of downing a pint of red wine from it so don't remember much else!

- The Alc-O. Completely mad but always great fun to watch, the most memorable was when **Ashley Bown** donned a gorilla suit. I regret never running it, as by the time I wasn't heavily involved in helping any more I'd grown up too much and the idea of vomiting all over the forest didn't seem quite so attractive...
- Club lunch at Sidney and Sunday evenings at Queens'. For many years these two college bars were my regular weekly social venues. I don't think I've had another coleslaw sandwich since, though.
- Getting to know Thetford Forest. From humble beginnings (checking one or two blocks of the 1996 Highlodge Warren map) I ended up surveying rather a lot of it and producing several new maps of my own. Although it's not the most interesting forest for orienteering there are some nice views and plenty of wildlife to appreciate while wandering for hours attempting to pinpoint every distinct tree.
- Icenian organising and planning (at the same time). In two successive years I did my best to kill myself through overwork. First there was our weekend double in 2000 when I organised the Midland Night Champs on Saturday evening and planned the East Anglian Champs the following day, spending the night moving the same set of controls from one forest to the other. The following year I was both organiser and planner of a badge event at



Annual Dinner 1997



After the 1997 Annual Dinner

Bromehill having also made the map - fortunately I had enough volunteers to take charge of things on the day as I was shattered even before the first start.

- Varsity Match 2003. Finally being part of a winning beer race team, even though **Ashley Bown** and I had to down two pints each!
- Finally, of course, I will always be grateful that I extended my stay in Cambridge long enough to meet **Blanka**!

1996 / 97

"In Wendover Woods, on a cold, foggy December night, CUOC members achieved a memorable result of first, second and third last on M21L and last on W21L."

Eric: "Of all events, it had to be the highly publicised prologue event at the Swiss O Week (96) where I failed to [look at the map]. In front of a large crowd (waiting for it to happen) I made a fool out of myself by running the wrong way."

CATHERINE WILSON 1996
(NÉE ASHTON)

- scariest was seeing Andy Middleditch fall over the rails at the top of a staircase at a sprint-O and land on the floor two storeys down...thankfully he was that relaxed due to the amount of alcohol consumed that he walked away with not much more than a sprained wrist, I seem to remember. This was shortly before the whole building was evacuated due to a fire alarm going off..
- travelling to Czech 5-day and **Mark Collis** pulling out a tupperware box full of jars of herbs and spices out of the bottom of his rucksack - the box must have taken up about 1/4 of the rucksack! (we did eat

very well that holiday though, so thanks Mark!)

- coldest would have to be at the Swedish VM 2002, running out of the sauna and jumping into the lake (through the hole that had been cut in the ice). Locals then told us we were supposed to lower ourselves in slowly to avoid heart attacks...

1997 / 98

"Oh well, it was a great year, wasn't it? And more to the point, do you really care? I might as well keep telling you that the recession is over and after a while you might actually believe it."

"CUOC ... in ten years:

DDr. Eric Roller, BSc, MSc, Mphil, M.Eng, Ph.D. Cantab, another Ph.D. Cantab is currently in Oxford in his final year of research. [...] He is married to Ann Collyer who is teaching orienteering to little kiddies. Eric has also just won the A-Course of the Varsity Match for a record 9th time in a row. [...]

Viv Kaye works for the Nepal branch of Great Tower, 'Great Everest Wood'. [...] She is engaged to Laurence Colyer who works for the same organisation [...] in Southern Chile for 30 pounds 56 pence a week [...].



Annual Dinner 1998



Annual Dinner 1999

Mark Collis has taken over a pub in Wimbledon. [...]

After giving up orienteering and eating meat, Dr. Andy Varley has decided to also quit watching TV, wearing clothes and generally living in the civilised world. He is now inhabiting a cave in Wharncliffe Woods with his girlfriend.

Petr Lukšan has been working very successfully as a banker in London, specialising in obscure Czech derivatives and futures contracts with backward options and double side-flips. He shared a flat with Matthias Mahr for a while but gave up after 6 days of enduring a bossy Management Consultant who refused to ever shut up.

Alistair Hindle has opened an independent agency specialising in making progressographs about every possible sporting event, including chess and sports fishing. He is also venturing into new areas such as the personal calculation of 10k times based on the tidal flows and the number of times the person said 'cool' and 'yeah' the day of the event. [...]

After graduating from Cambridge with a degree in Rowing, Andy Hodgson [...] decided to take up a job as a mattress-tester for IKEA."

CLAIRE HUTCHINSON 1996
(NÉE WARNER)

"I loved lunch-O!! I used to race out of Chemistry practical to get to Sidney Sussex JCR for 1pm, had to be there in time to get some swiss roll!"

SIMON THOMAS 1998

"My most memorable moment from CUOC most definitely has to be the 2002 Varsity Match [at Hellasgården] near Stockholm. [It] was my first time orienteering in Sweden, and quite a shock to the system it was too!"

BEN READ 1999

"The one memory that sticks with me, for whatever reason, is playing 'dart golf' between trees outside the hut at Nacka [Sweden], during the VM in 2002, towards a dart board placed at an epic distance... can't remember who with though..."

WAYNE PATRICK 1999

"Wayne has many fond memories of his time in CUOC, few of which involve navigating anywhere. Stand-outs include:"

- learning that one should never play drinking chess against **Mark Collis**,
- learning that one should always play all other drinking games against **Jules Bleasdale**,
- Da Boyz getting it done at Hellasgården and, of course,
- there is a special place in his heart for the **Patrick-Elder Trophy**. "Surely that thing can't still exist...can it?"

ASHLEY BOWN 2000

...surely remembers the 2003 SprintO, in particular, this:



A monkey running the Alc-O wearing an Ash Bown mask



Annual Dinner 2000

ALAN ELDER

2000



Alan Elder getting help from an elk for the Icenian 2003

BLANKA COLLIS

2001

(NÉE SENGEROVÁ)

- handing out the prizes during my outgoing captain's speech at the annual dinner, **Ash Bown** got a bunch of bananas (for his appearance at the SprintO dressed as a gorilla), **Alan Elder** and **Ali Ingleby** got the (no explanation needed) pink fluffy handcuffs, **Mark Collis** got his graduation hat for finally managing to escape CUOC and Cambridge, **Niall Inverarity** his pint so that he could upturn it onto his head properly, **Edmund Ward** his phone to organise us all to remember just a few;
- **Robin Chystie** drinking bailey's and tonic at a dinner crawl somewhere or other;
- Swedish Varsity Match in my first year with the sauna and open air lake and then being totally lost in the forest during the hash run when I decided to "retrace my steps" when we were only a short way from the hut;
- calling out the AA with an ADAC card of my Mum's (they are supposed to have a reciprocal agreement!) from

outside the stores the day before the training tour, but we did make it in the end!

- Probably a huge number of others...

DAVID COTTINGHAM 2001

- **Alan Elder** (I think!) planning a Cuppers course on Coe Fen, where the shortest route from the final control to the finish was to attempt to cross a very full ditch. I was one of those who braved the cold water, and came out with mud/leaves/etc. all over me... But I did save those extra 45 seconds!

2001 / 02

The Patrick-Elder Trophy
(Wayne Patrick)

"It all started a few months back - the Chiltern Challenge, I think. Alan mentioned his outstanding performance at the last Scottish, where he picked up fastest split for the run to the finish on five of the six days. "Right you bastard," I thought, "You may be able to navigate, but the run-in is one thing I'll take you on at." The gauntlet was thrown down, and others have since been drawn into the game. In recognition of the importance of a quick finish (ooh, err), we decided a trophy was in order. So there you have it...a carefully preserved and mounted VJ Integrator, last worn by Alan D.



Annual Dinner 2001

Elder in training, the day before the 2002 Varsity Match. For those of you who are not Latin scholars, the inscription reads Curro ergo sum - "I run, therefore I am." For as long as it holds together, we think it should be awarded annually to the CUOC member who performs most meritoriously on the run-in at the Varsity Match. All genders and other mitigating factors considered. Oh, and the judges are to be the Men's Captain and the Training Officer.



Congratulations to Søren Brage for winning the inaugural competition (for a monster split of 21 seconds, 2 seconds clear of a quality field at the VM Classic), and good luck to the rest of you for 2003...

CUOC: An Historical Perspective
(Mark Collis)

"In relative terms at least, I'm coming towards the end of my time here in Cambridge, and given the amount of time I seem to have spent orienteering since my first

CUOC event (the 1995 SprintO, memorable for leaving three club members manning an AlcO control behind in Epping...) I thought it would be interesting to have a look back at the past history of the club.

[...] There are many more details that I could add, and indeed might in some future journal, but in the interests of brevity I shall leave it here - I hope that the history is of some interest, that those of you about to leave have enjoyed their own part in it, and that those with time on their side enjoy the years to come.

"As for the Varsity Match...it turns out that 2002 was the eighth time that Cambridge have swept all four trophies (individual and team events). Oxford have achieved the feat...Never. Naturally. And if the 2003 teams want something to aim for, consider the men's team result in 1988, when CUOC runners placed 1st (Steve Nicholson), 2nd, 3rd, 4th and 6th. A solid effort."

"NB: I think Mark put some kind of jinx on CUOC when he said that!!! And his efforts to come towards the end of his time in CUOC were scuppered when he started going out with the secretary the following year and continued to be seen at annual dinner until about 2005 when I left to go to Sheffield!!!"

They said it. quotes:

Alan Elder on his prowess with the ladies: 'Apparently I've pulled twice already this term'

Cath 'Northern Express' Drew, on a certain someone in a black vest: 'I mean where was he going with THAT?'

Mark 'Virgin Trains' Bown, on someone on their donkey: 'it's a nice ass to follow, but...

Søren Brage, on the weather in Wales: 'I'm a Viking. We burn churches and rape women to stay warm.'

Rachael Elder makes Mark and offer no man should refuse: 'If I'm going down, you're going down with me.'



After winning the 2002 Varsity Match in Helsingborg, Sweden.

Ashley Bown on...well, you be the judge: 'Alex was in my trousers and I didn't even notice!'

Mark B. again: 'It was as close to harassment as you could get from a balcony'

Julia Bleasdale to Alan at the Annual Dinner: 'I guess you can't expect them to be firm all the time.'

Alan ponders and extremely important question, also at the Annual Dinner: 'Am I straight?'

And Emma Pooley, on becoming a connoisseur: 'I like wine...it gets me drunk!'

The not so scandalous gossip columns:

Wrong colour blue! Jenny C attracted to the darker shade of blue. Guess they had to score somewhere...

2+1-3. Jenny G, Arthur and DP de C. Need I say more. It even rhymes.

2 Jules. 2 hours sleep, 2 bowls of cereal, 2 pints of water, 2 bottles of milk, 2 hands, 2 balls...

Stripping lessons... Available on request from the BUSA team.

They claim only to do it with willow though (wasn't she the red-head in Buffy?)

Rothman is Champion Ride. Apparently of horses, but it's anyone's guess what else he's been riding.

Male, 21, seeks to recruit fit, blonde females FGT. Links with CUH&H especially welcome. Volleyball skills preferable, but not essential. Sound like you? Contact mrv42 for more info.

Kiss and Tell. Chemical Engineers do it in packed beds, just ask Cath.

Ash goes down with the Oxford Boys. And I'd been trying for four years.

When in Sweden do as the Swedes do. Wayne has it perfected. A sight for sore eyes I'm told.

MediOcre 'Been there done that, bought the 'o' top' Aimon D. Thomas.

Cider shandies? Ask Alan for the recipe. He's perfected the large-quantity consumption of them.

WANTED: Primary School Teachers. Søren need not apply.



Annual Dinner 2002

2002 / 03

Emma, on the incentives to be treasurer:

1. power: (almost) everyone has to do what you say!
2. satisfying and rewarding job, lots of contact with club members, make a real contribution to the smooth functioning of the club, etc etc blah blah blah.....
3. you make yourself really popular with everyone by asking them for money.
4. someone's got to do it and it's not going to be me!
6. improve your mental arithmetic.

So, just remind me - who is the new treasurer then - Emma Pooley

Cath in an intellectual conversation with Alan at the Annual Dinner... 'Yes, but you're clever - I'm thick...

Also at the Dinner... Alan explains to Ash... 'Cath's trying to pull us so she's going to be buying us drinks all night...

Rosemary (at Great Tower Wood, explaining the clock relay): 'So, you all know what you're doing?' Soren (sounding almost unsure): 'Orienteering??'

'Now, if we had a PDA...' I suspect you know who said that - very often!

'So are you staying or are you going then?' Jenny, to Ash, on arriving in her room during the dinner crawl.

Something from the opposition (from an e-mail conversation be-



2003 VM Teams. Niall Inverarity, Emma Pooley, Claire Warner, Jenny Costigan, Rosemary Dyer, Ali Ingleby, Alan Elder, Cath Drew, Blanka Sengerova, Ashley Bowen, Mark Collis, Matt Hook

tween the Cambridge and Oxford captains - don't ask!); 'If you need any help at all organising, I'm sure I could get Ollie on the case. Just don't ask me! I'll stick to the simple stuff, like attracting female Freshers! Cochrane seems to be good in that department too.'

'The Varsity Match's next week, isn't it?' Ash, at PubO on Wednesday before the VM weekend...

Alan, during the Annual Dinner... 'Apparently, my IQ's 139' - 'Who says so?' - 'The BBC.' - 'There you go...

Top Tips for Mapping Success - learnt the Hard Way! (Rosemary Dyer)

'What a good idea it would be to do some mapping for CUOC', I thought to myself at last year's AGM. 'It will be fun, interesting and shouldn't take up too much time.' Isn't it amazing how quickly feelings can change...

1. Decide on the area to be mapped. Existing maps can vary in quality, from those that apparently just

require a few alterations, for example in areas of felling, to ones that seem to have very few features at all. I'm not sure which I prefer yet. It's boring to have to cover all the ground on a good map, but it has to be done as there are bound to be some little errors that will affect courses in a big way. On the other hand it's a lot of work filling in a blank map, and can be even more boring than the good map if the ground is really as featureless as the map suggests (i.e. most of Thetford Forest).

2. Get to the area. Not so easy when you don't want to cycle 35 miles to get there and the trains are erratic to say the least. Finding a time with no lectures, supervisions or other commitments is also a problem - one of the occasions when I wish I'd done English. Still, it's a good excuse to miss a few lectures, undoubtedly the ones that really would have been quite useful to go to, unlike the one on Monday, where you fell asleep and learnt nothing.

3. Do the groundwork. The best plan here is to get as many naïve and unsuspecting people as possible (especially if they have a car) to come and help. Not really the best way of doing it, if you want to do it properly, as you get several different perspectives on the map, but when a major badge event is looming...

4. Put the map onto OCAD. OCAD is a wonderful program. The best feature is the unlimited Undo command, which unlike various Microsoft programs I can think of, allows you to Undo (and Redo) as far back as you like. You could



Annual Dinner 2003 (with the Patrick-Elder Trophy)

spend hours playing with contours, getting path bends perfectly smooth, positioning trees precisely - Did I say something about a badge event in less than a month?

5. Fill in the map registration forms. Yes, I know that should be nearer the top, but these things tend to slip your mind. What I didn't realise was that they'd send me back four more forms to fill in for each map. How kind.

6. Sit back and bask in the glory of having completed your first map. Actually not a good idea - best to make yourself scarce and receive comments second hand, as they will not all be polite. This is when you discover all the things you forgot to do, or completely missed. This is when you wish you'd started the whole process earlier. Ah well, next time!

What do your stars say for the week, the month, the year...?
(Blanka Sengerová)

Aquarius: 21st Jan-20th Feb The current position of Neptune and Saturn's moon seems optimal. Some time ago they were in a weird position: strange, very drunk, guy at teaching presentation and in Darwin bar? Famously includes: Jenny C.

Pisces: 21st Feb-19th Mar The position of the planets clearly suggests possible future careers: take up juggling, you won't regret it! On second thoughts, maybe fashion guru is one of the options too... Famously incl.: Claire W., Ash B.

Aries: 20th March-20th April Mercury moves, but to be honest I don't think anyone's too bothered.

Taurus: 21st Apr-20th May Venus is running late on its path - can a planet oversleep? Perhaps an astronomical alarm clock is required? Famously incl.: Niall I.

Gemini: 21st May-21st Jun An absolutely splashing alignment of the stars for you. Perhaps you could try a couple of handstands to celebrate it? Famously includes: Søren B.

Cancer: 22nd Jun-19th Jul Surprise, surprise: Mercury moves once again: towards the Sun. Is anyone worried?

Leo: 20th Jul-22nd Aug Jupiter and Pluto are retreating. Do astronomical distances represent word counts? Famously includes: Wayne P.

Virgo: 23rd Aug-20th Sep A pretty good outlook for you at the moment with Mars moving towards the path of the Sun, which should ensure that you only fall asleep in the right places at the right time... Favourite colour: anything that can be found on an orienteering map! Famously includes: Rosemary D., Jules B.

Libra: 21st Sep-22nd Oct The moon appears to have collided with some stars. Take the moon to A&E and definitely try and avoid control descriptions - to prevent damaging it even more. NB: Diaries are always good for noting down committee meeting dates... Famously includes: David C.

Scorpio: 23rd Oct-20th Nov There's a lot to be seen from the constellation of Mercury, Neptune and Saturn. They tell me your favourite activity is cut-and-stick (make sure you only use scissors under adult supervision!), favourite colour's blue, especially on someone's face (but don't be surprised if you're given looks as if you were from Mars!)... And what are the stars trying to imply about the night of the Annual Dinner? Famously incl.: Alan E. and Ali I.

Sagittarius: 21st Nov-20th Dec 'Churchill Spring Ball?', the stars ask. I think they were quite relieved you slept rather than drove that MPV... Famously includes: Angela T.

Capricorn: 21st Dec-20th Jan Well, I'm pretty certain that the recent movement of Jupiter, Saturn, Mercury and some other planets has to be significant. But I'm a bit out of my depth on this astrological pattern - any more advanced astrologers out there to give me some advice? Famously includes: Mark C. (and I'm sure there was someone else, but it seems to have slipped my mind...)

ANN MARIE CODY 2003

- Control #9 of the W21 course of the 2003 Mitre event in Epping Forest East. Why I ended up on this course as a first-time orienteer is a mystery. I spent probably an hour looking for it before giving up. I almost decided never to orienteering again! Good thing someone convinced me to come back. Oh, and I still have the map!



Ann Marie "manning" the Vodka control

- I seem to remember many instances of everyone waiting in the rain for **Marco Chiesa** to finish his (absurdly long) course. Oops =)
- I also remember the many times when I took off on a full sprint through the forest at about the same time that **Mark Collis** started walking toward the next control. Guess who always arrived there first (not me).
- The Alc-O. Coming from the U.S., I had never experienced anything like it (we would be arrested). And that includes the competitor in the gorilla suit who "fell" into the alcohol control area. The photo shows what I was doing during the Alc-O.

ELSPETH INGLEBY 2004

"My most memorable experience of life in CUOC, must have been the Varsity match in 2005 when we froze our asses off in Sweden. We stayed in a ski lodge, which included a sauna (!) and orienteered through over a foot of snow!"

[Eric Roller: I love that Elspeth called it a *ski lodge*, but it was merely the club hut of our orienteering club (and those without saunas are few and far between ;-)]



Annual Dinner 2004

2003 / 04

Dinnercrawl 2003, from the who (mostly) remembers...
(Robin Chrystie)

Baileys, turkey, sour cream, wine, tonic water, beer, sprouts and shots can safely be consumed in certain combinations and quantities. While the CUOC annual Dinner Crawl can be an opportunity to experiment, it is also a social highlight of the club's calendar. Fun-loving members arrange to have their rooms either used in a civilised, communal manner or as a sanitary convenience. Inevitable as it is, an excess amount of liquor will be drunk at such occasions...

Episode 1: A gentle introduction to the evening involved watching other people perform chess manoeuvres with shot tumblers full of either Archers or, yes you've guessed it, Baileys! Indeed, this is the new form of moving chess - available at all good Argos outlets. Taking measures of Baileys against vodka spiked tumblers can also delay the onset of intoxication...

Episode 2: Downing, Cambridge we arrived at Ian's room. This consisted of standing around in a circle playing with that annoying American toy 'Bop-It'. According to the grapevine, this rampant beast is still marketed, having the potential of luring students into purchasing the product. While Alan and Ian were wrapping up the Mexican ready-made banquet, a cornucopia of jokes was told. At this stage, people started downing bottled beer...

Episode 3: Fitzwilliam Street was the next stop. Predictably, more 'bopping' was required whilst both Blanka and Mark pulled a cracker of a feast. Meanwhile, more beer was drunk and a growing fascination of a cascade of doors was in full swing! Finally, dinner was dished out and complemented by wine served in ceramic mugs. Crackers were pulled, hats worn, paper pieces crumpled, useless plastic bits mocked and lots of food eaten - you just couldn't get anymore stuff-in! Afterwards, the essential mind game, where wine bottles were passed around the table in an algorithmic fashion, concluded this visit.



Episode 4: The penultimate stop was Niall's room at Queens'. Hitherto, everything remained sensible until a certain individual thought that mixing fizzy water with a well-known creamy liqueur would be interesting. Apparently, the flavour was similar to the unadulterated version but with the curdled froth included!

Episode 5: A short, dreamy trip to Ash's 'dodgy' flat above Halfords unfortunately needed a rapid visit

to the en-suite bathroom. Whilst trying to be level-headed with the toilet and being kindly offered water this individual wasn't in any fit state to play Twister or consume the chilli vodkas that had been patiently prepared the day before. Time had taken its toll and it was time for compassionate, guided departure.

To conclude, it seems that everyone enjoyed themselves. Thanks go to Alan, Ian, Blanka, Mark, Niall and Ash for setting up the event. The individual would also like to thank Alan and Ali for the guided walk!

Auctoritate mihi commissa ad-mitto te ad gradum Magister in Orienteeribus

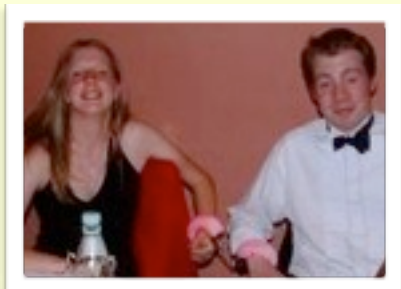
As the lucky recipient of the 'CUOC Graduation Award' at the annual dinner, I thought I might fill some of the space in this journal with some memories from my eight-and-a-bit years of studying orienteering...



NB: Mark gets to write these memory articles all the time, doesn't he????

Awards at the Annual Dinner 2004 (Ali Ingleby)

This year the annual dinner was held at Trinity College, and after a lovely meal, Blanka had some awards to hand out...



- Alan & Ali: Fluffy handcuffs Award (they're pink too)
- Ann Marie: Sheep photography Award
- Ash: Elite monkey Award
- Robin: Baileys and Tonic Award (you've read the article...)
- Sophie: Latest CUOC Member Award
- Chris Thorne: Catz for Cuppers Award
- Chris Morley: Senior Treasurer Award
- Rosemary: Picking up the Pieces Award
- Niall: Cheeky Beer-race Award
- Ben: SprintO organiser's challenge Award
- Mark: CUOC Graduation Award
- Nicola: 'Is this really Nicola?' Award
- Ian: 'So you have time left for Orienteering' Award
- Edmund: Icenian organiser's implement Award

CHRIS WILLIAMSON 2005

"Memorable occasions have to include:

- the annual dinners. We did Clare, Emma, Jesus and Fitzwilliam during my time, followed by more drinking in people's rooms and various embarrassments that have drifted into the alcohol-induced ether of the evenings. However the CUOC journal often recorded some, more or fewer of these incidents.

- Another highlight was a JK relay bronze on the Men's Short with **Ben Stevens** and **Alex Copley** at Caerwent.
- The introduction of the new noname tops was also well-received.
- The dinner crawl also often provided sources of amusement to be recalled at opportune moments later in the year.

Unfortunately the one quote that seems to summarise my time in CUOC was "It wouldn't be an annual dinner if we didn't make Chris wear something pink and flowery". I forget how this started, but let's just say I still have that flowery t-shirt from the fresher-bashing I received in first year hanging around somewhere."

2005 / 06

BUSA in Edinburgh

'One, two, three, four, five, six... six! Who's missing?' CUOC's mummy asks. 'Vaclav' one of the kids answers, 'He went to get a coffee...' - 'No, please tell him to hurry up, the train is about to depart and it's the last connecting one!' A few seconds later the train doors shut behind Vaclav.

'Anya, I am pretty sure that the first control is going to be hidden some where at the top of that hill' - 'What?! I am not going to climb that for any reason!'

Quotes:

Where those nicknames came from: Alex: 'You're like our parents you are!'

Alan: 'Mummy and Daddy CUOC'

Robin gets named and shamed by the start marshal to all of the 650 starters at Sherwood Pines: 'There were two people who failed to punch the start today - one was a 5 year old, the other was from Cambridge University (who was even daft enough to have his name on his jumper!')

Alex gets a bit frustrated with the latecomers at a training session:

'I've never met a running club so against running!'

Vaclav gets straight to the point: 'Sarah, I need to borrow your camera to take a picture of me.'

Robin gets a bit carried away at formal: 'If the fellows forget to bow, we can throw forks at them!'

Ed makes very little sense: 'Why don't you play Richard O'Brian again on the harmonica?'

Vaclav shares some advice for life with Elspeth: '21 is the best age to get pregnant.'

Ed misses the point of pre-varsity team bonding: 'If I stuck a fork into your leg, you'd scream too!'

Chris on how he plans to contribute at this year's varsity match: 'I'll wee out of the window at them!'

This year's BUSA social in Edinburgh is an enlightening experience for Vaclav: 'I've never seen so many drunken people before!'

Ed on his camping plans: 'I'll sleep on top then I won't need a karrimat!'

Alex gets a bit carried away: 'We could try to be clever...'

Anya makes plans for a CUOC trip to next year's O-Ringen: 'Definitely mud wrestling!'

How CUOC plans to get sponsorship: 'You guys are cheap, so you might get it.'

Alan offers some advice to club members left feeling inadequate by new, tight-fitting kit: 'Alex wants some breast implants!'

Jon lets Elspeth's cunning plan for next year's beer race slip: 'Ele wants a camel.'

Anya on what not to do at the intro: 'I ended up in someone's back garden!'

Chris offers advice on kit design: 'This year's style is flowery t-shirts.'

Elspeth shares her life experiences: 'And pulling...is more difficult at Wetherspoons.'



Annual Dinner 2005 (without the Patrick-Elder Trophy)

VACLAV POTESIL 2005

Did you know that he also was a member of the CU Russian Society as "Vodka Officer" !?

BEN STEVENS 2006

"CUOC was definitely one of the most important parts of my time at Cambridge. I think the first year made the biggest impression on me.

I will always remember the 2007 Varsity Match in Wharnccliffe Wood when I ran from control six about 1.5km almost all the way to number eight (7-8 was a long leg whereas 6-7 was very short) before realising I'd missed out number seven. I thought I would run back a different way to avoid the embarrassment of turning round in the middle of the path, so I briefly cut off the path before deciding the path was quicker and ran back to it again. I then passed **Alex Copley** running in the other direction who was looking at me in a very confused way. This was quite embarrassing, but on the plus side, in keeping with team spirit, I was thinking, 'well, he started 12 minutes in front of me so at least he's doing as badly as I am'. Despite this, we won the men's match quite convincingly. (This was my only varsity team victory, and that includes being in one of the 2nd-4th teams in four cross-country matches).

We narrowly lost the women's match by a microscopic four second margin, which we put down to the fact that the OUOC women's team all had version six dibbers since they had all been in the GB start squad.

The other thing that stands out from the first year is the summer tour in Slovenia. I will remember this for the extremely technical terrain (especially day 1), **Graeme Ambler** breaking his leg (playing frisbee), possibly the world's worst shower, and most of all for the yellow tour tops, which are still worn regularly by the elite group of people which comprised the tour.

Planning the first Cambridge City Race is something else I will remember for a while. I'm not going to lie – it was a pretty stressful experience, mainly because of the fragility of the permissions from the various colleges. Here is one of the experiences from the day itself which I remember vividly from its slight lack of credulity. I entered the porters' lodge at Downing with controls in my rucksack that I needed to put out in the college. Now, I had already been to Pembroke and at first the porters there had no idea about the event, which was made worse as I had forgotten the list of contact numbers which Clare (organiser) had given me, but eventually they found a note in a diary and then one of them remembered about the event, which was a relief. So the first question I asked the on-duty porter at Downing was,

'Do you know that there's going to be an orienteering event taking place today which uses Downing College?'

The reply was, 'No'.

So then I said, 'Well the head porter should know about it, there might be a note about it somewhere'.

But there wasn't, so he said, 'Why don't you tell me about the event?'

So I replied, 'There are going to be runners coming in from the Downing Site, visiting a few markers and then leaving via the main exit.'

Then he simply said, 'Ok'.

So I asked, 'Do you want me to phone the organiser and find out who she spoke to?' To which he replied, 'No, it's Ok, I know about the event now, so it'll be fine'.

So without further ado, I went and hung the controls in Downing College, and the competitors passed through with no problem, despite the fact that I'd basically arranged this on the morning of the event with the on-duty porter! It could have been a major problem if the porter had been less relaxed (although I think the relaxed attitude of Downing was why they hadn't made a note of it in the first place), and there were numerous other potential disasters (such as a memorial service which was organised for the afternoon of the race in Jesus college, which wasn't arranged that long beforehand – imagine if it had been in the morning!)"

2006 / 07**CUOC in numbers** (Edmund Ward)

56.5 - Alex's old 'record' for downing a ping.

19 - Number of minutes by which we won the Men's Varsity Match, according to the official results.

15 - Number of people attending the Annual Dinner.

10 - Place on the LAMM A course for 'the two AIs'.

5 - The number of CUOC running vests. And yes, it's true, 'everyone in Cambridge looks this cool'.

4 - Number of minutes by which we won the Men's Varsity Match, according to a nopesport article of dubious provenance.

4 - Number of mugs of tea required for two people.

3 - Ben Stevens' current ranking in the junior UK CUP.

3 - Number of successive victories of the Patrick Elder trophy by Anya.

1 - Number of uncrossable fences erroneously marked as passable at Cuppers...

1 - Number of little bruises it took to make little Chris pull out of the big (National) event.

0 - The number of tea bags required for four mugs of tea.

-4 - Number of seconds by which we won the Women's Varsity Match.

-500 - Approximate profit from the SprintO.

err ... that's it.

Quotes:

Anya and Nicola pretending to be ape-like at GoApe but deciding against it when Ele turns up with a camera: 'Cameras affect our beating performance'.

Nicola to Edmund: 'Faster, faster, faster' - Chris: 'Is that what mummy always says to daddy?'

Ele gets here priorities right after SGB burns his feet at the training tour: 'I was looking forward to a cup of tea'.

Sarah attempts to recollect her post-Annual Dinner activities: 'Which rampant Geordie's was that?'

Anya reveals the CUOC recruitment drive 2007: 'Just wear your hoodie, that's all I wore'.

Anya muses on the important questions in life: 'Would you rather be a goof whore or a bad whore?'

Anya again, on the Operation Trojan Horse photo: 'I wish I had body, it'd be useful'.

Ele: '1st three women were Anya, then Clare, then Chris Morley'.

Alan: 'It worried me when she whipped her trousers off'.

Chris: 'I had Alan last year'.

'SGB's gone, I can't go on without SGB'.

Anya when Sarah was reminded of a pole dancing formal swap: 'Is there a Cambridge Fire Fighting Society?'

Graeme on why we really value Alan as a CUOC legend: 'Alan has to come to the training tour - he's the only one who can start the fire'.

Anya: 'We could go around: Mr 3 inches, Mr 6 inches...'

Anya, often about drinking: 'I was never this bad until I met Ele'. Ele: 'I was never this bad until I met Anya'.

Chris to Ele on college rivalry: 'My pink is better than your pink'.

Chris gets invited to an EAOA committee meeting: 'If their planner did set courses through the GoApe sector he need to be taken aside and quietly garrotted'.



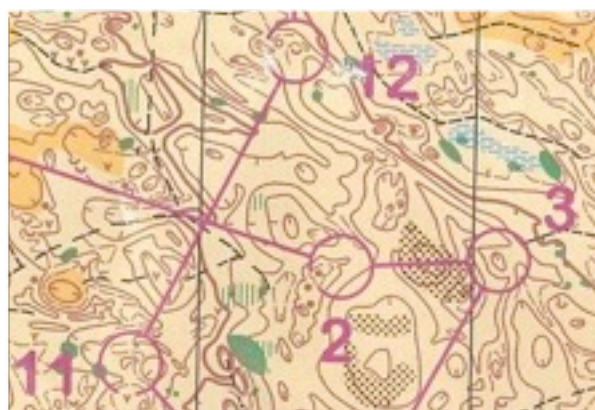
CUOC 2006 / 07

MAP QUIZ -12 Maps From Selected Varsity Matches (N.B. Men's Or Women's Courses)

Can you name the year and the name of the map? Who won the VM? Who won the M/W course?



A.



D.



B.



E.



C.



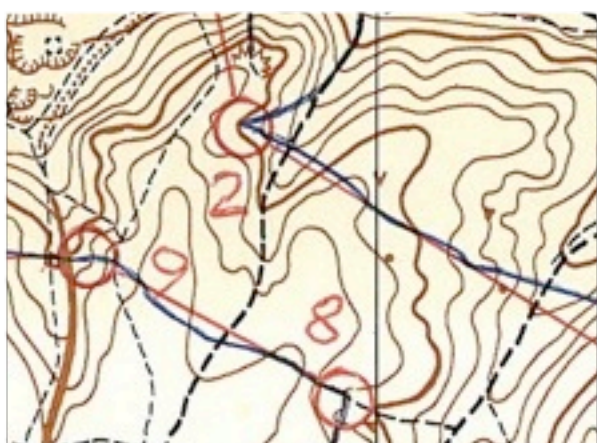
F.



G.....



J.....



H.....



K.....



I.....



L.....

A WORLD FULL OF DRONGOS

You are not alone...

Thanks to the internet, it is easy to find other DrongOs out there. Most of them appear to bird fanatics (not listed here). Then there are:

www.drongo.com

used to be the “unofficial John Howard fan club web site”, *i.e.* that of Australia’s Prime Minister. I reckon the site has been hacked. It has meanwhile disappeared.

Drongos for Europe

<http://www.myspace.com/drongosforeurope>

They claim to be “without doubt one of the most exciting Punk bands playing anywhere in the World today.”



Drongo Jazz (.mp3)

<http://www.eastcoastlive.co.uk/music/audio/DrongoJazz.mp3>
<http://www.eastcoastlive.co.uk/features/drongo/drongo.htm>

Despite the loose definition of Jazz, this has got to be the worst ever attempt to play it. Kudos goes to Great Yarmouth’s [Luke Drongo](#).

White Drongo

<http://www.whitedrongo.com>

An Indian comic book shop.

Drongo’s Simple Tips

<http://tinyurl.com/36l5qk8>

Check out their book on “[Home Remedies for Glowing Skin](#)”.

Drongo Inc

<http://drongogroup.com>

If you were planning to invest in Russia, then you could enlist DrongoGroup.com, or would you?

DrongoGuides.com

An Australian site with D.I.Y. books, mainly on meat cooking and BBQ.



Mongo e Drongo

<http://www.youtube.com/watch?v=kruWhFMR7F8>

A spanish? animated cartoon children’s cartoon. There are some [spots on YouTube](#).

DrongoLabs

<http://drongolabs.com>

... is apparently not sure yet what it is; their page only shows this LEGO™ Drongo:



Дронго (Russia)

<http://kino.br.by/film830.html>

There appears to be a Russian TV crime series named “Drongo”.



Drongo.com.au

Used to threat: “drongo is coming! be afraid”. Meanwhile disappeared too.

VARSITY MATCH QUIZ: A PLANNERS NIGHTMARE

Reprinted from the February 2010 DrongO Newsletter

Looking forward to the upcoming Varsity Match? Don't answer now — read this first!

Over the years one gets to hear many behind-the-scenes stories of past Varsity Matches. Or one is “lucky” enough to be cast for the “leading role”.

Below are a selection of such incidences that may or may not have happened at one or more Varsity Matches during the last ten years.

Judge for yourself: find 5 items that did not happen. Their letters form an orienteering term.

Email your clue to us together with a little story about yourself and a major donation to DrongO's race funds. Closing date is VM day 1. A prize may await the lucky winner at the anniversary dinner.

M A week before the VM, the planner discovers that the forestry commission has felled a section of forest that all courses must pass.

H On the way to the forest, the planner's car breaks down. Luckily, he OUOC minibus was right behind him when it happened.

F The CUOC minibus gets stuck in the snow and Cambridge fails to turn up for the Varsity Match. The race is postponed to the following day.

I Of the 3 club volunteers who had promised to test-run the courses an hour before the race, none turn up.

H 4 inches of new snow over night. The entire forest is covered in white. Navigation becomes a mere footprint-following exercise.

L Everything is ready to go and all SI units have been put out. When the first runners come back, we learn that as many as 4 SI units have died. A fifth unit only works for about half of the competitors.

O The race is already in full swing when the planner's wrist watch dies. And, yes, there was no other watch with the official race time.

E There is a very adapt planner and a trustworthy organiser (both of which are one and the same person), but alas, there is no controller. What can possibly go wrong?

S One of the Port-a-Loos topples over with a CUOC runner inside. We shall keep reminding him/her about it for the rest of our lives...

N The organiser has set up a printer for results and split times. As luck has it, the printer never spits out a single page ... because its cable was never hooked up to the PC.

R In the assembly field, the results tent is blown away. During the turmoil that follows, three runners finish without getting their correct time recorded.

K When the race is over, the planner discovers that a SportIdent unit in the finish had been misconfigured. It takes the most part of an hour to decipher the irregularities.

D Too much of the same sh... The septic tank is full and the toilets in the accommodation are flooded.

A The organiser accidentally drops his laptop. The data cannot be recovered in time for the VM dinner.

L VM dinner: the tagliatelle pasta is overcooked into mush. A rare delicacy. Or is it a regular VM occurrence?

T The Varsity Match dinner is over, everything is cleaned up and you are ready to lock up the hall, but not without setting off the burglar alarm...

OL SUDOKU

#10



Where Are They Now?

News from DrongOs around the globe

CHRIS THORNE

1955

"I nowadays do very little (except for Cuppers when, as the self-styled St. Catharines "enforcer", I try to make sure that Caths has the largest, even if slowest, contingent running)."

DAVID LEE COOPER

1957

"I re-found the sport in 1977 at an event near Cheltenham which was organised by John Peniket with whom I had run in Cambridge. So our family joined NGOC with whom I have remained. I was involved at club, area, regional and national level in a variety of ways. As a grade 1 controller, I helped at the highest level as planner and controller. Competitively I took part at the top end of my age group until heart problems reduced my ability to run in 2002.

I was thrilled to be in a team with my wife and a club mate which won the British Relays M/W55 in c 1993. It is still a great pleasure to go to events and it was a joy to meet Dr C.J.R. Thorne at an EAOA event earlier this year."

IAN BRATT

1973

"After leaving Cambridge in August 1979, I moved to the NE of England and joined Lanchester Orienteers which became Northern Navigators.



In September 1981 I emigrated to South Africa having been made redundant from my job in the North East. I joined Impala Platinum as a Development Chemist.

At that time there was no orienteering in SA but in mid 1982, a group of immigrants got together to start the sport in Johannesburg. Unfortunately I was not in contact with them at that time and I subsequently missed the first two events. However, I heard about the

third event being held in a park in the northern suburbs of Johannesburg at the end of September 1982.

I was very soon co-opted on to the committee of the newly formed Rand Orienteering Club of which I am currently vice-president (and a past president on several occasions). I was also involved with the formation of the South African Orienteering Federation in 1984. Unfortunately we were not allowed to join the IOF in those years due to South Africa's apartheid policies and sporting isolation. We were finally admitted as a full member of the IOF in 1992 and were thus able to attend our first World Orienteering Championships in the USA in October 1993. I was a member of that team and as such, I am one of the few ex members of CUOC who have competed in a World Orienteering Championships. I subsequently attended nine more WOCs as manager of the SA team. A recent highlight was managing the SA Orienteering team at the World Games held in Khaosung, Taiwan in July last year.

I have also been heavily involved in the SAOF over the years. I served as Secretary and Chairman in the late 1980s and early 1990s and was then President from 1995 to 2008. I have also been involved with the IOF as a member of the Foot O committee and more recently as the IOF delegate for development of Orienteering in Africa. Currently we only have four IOF members in Africa – Kenya, Somalia, Mozambique and SA. However, there are no regular events taking place in Kenya and Somalia and limited activity in Mozambique. In SA we have around 25 events a year in and around Johannesburg and 20 events in and around Cape Town. The only problem is that the two centres are 1000 miles apart.

I am still an active competitor being current M50 SA Champion. (we only have 10 year age bands in

SA not 5 year bands as in the UK). I am also still involved in mapping, planning and controlling events on a regular basis.

A few years ago I was given the opportunity to write a book on Orienteering as part of the Adventure sport series which was duly published (although not in SA!!)"

MARTIN GREEN

1972

After Cambridge, "I moved to Southampton university, where SUOC put on BUSF, 2 badge events, 3 colour coded events, etc in my 3 years there. I mapped one new badge area, and also got lost, losing the lead on the final leg of the British open relay.

I moved to Utrecht university, where I failed to find much orienteering, and then to Manchester.

Since then I have lived in Bramhall, Stockport, working in the Sonar field. I have 3 kids, 2 disabled boys, currently at Manchester Uni., and Sarah, who you may have met, is an occasional slow orienteer who did Archaeology at Girton.

I still orienteer regularly with MDOC, and am an occasional mapper."

JOHN HURLEY

1973

Somewhere in one of the messages, his name got mixed up and we thought he was dead...

Not so!

"At the time of writing I am still working as a software engineer in the rail industry in Derby and orienteering from time to time as an M55 with DVO."

Phew...

CHRIS HIRST

1977

...lives in Settle, North Yorkshire, with wife Clare and four children (including triplets) and as far as we are aware is no longer an active orienteer, but he is occasionally let loose to race with his local fell running club.

ADAM LEAF

1980

...is Portfolio Management Director EMEA at Johnson & Johnson in Stevenage.

He has "stopped orienteering after college and got married to Janette. I now have 2 girls, Maddie and Miranda, and Miranda got me back into orienteering 5 years ago. She is now a better orienteer than me but I still enjoy a run round the short brown most weekend. I split my time between Switzerland (work) and Hertford where the family is based which gives me the opportunity to try rather different types of terrain."

DUNCAN BOOTH

1980

JUDY BOOTH (NÉE SMITH)

..."are living near Abingdon. Duncan currently works for Oxfam as Technical Architect for the web systems. Judy works for Nominet, writing code to keeps the UK internet running."

TREVOR HOEY

1982

is now "Head of Department of Geographical & Earth Sciences at University of Glasgow, and still spending as much time as I can knee-deep in rivers armed with various bits of gadgetry. After leaving Cam-bridge, spent 5 years in New Zealand doing lots of O, then had a break as a family arrived. Re-joined things with FVO in 2004, aided by a keen daughter - now struggling to keep up with her."

PAUL CURZON

1983

... is a Reader in Computer Science at the Queen Mary, University of London. He has recently been appointed as a National Teaching Fellow by the Higher Education Academy.

"I haven't orienteered for years due to family and bad ankles though my daughter is old enough for string courses now so I hope to get to at least a string course in Epping at some point soon."

DARRELL HIGH

1986

...is "living in Switzerland in a classic swiss chalet in a village with 4 ski lifts". When not queueing for

the lists, he is "managing Nestlé's cocoa sustainability initiatives, which mainly consists of guiding our projects in West Africa. In the UK this has been publicised through KitKat, and is being rolled out to Australia and other areas very soon."

RICHARD BAXTER

1986

...is European Consulting Director at Tech Soft 3D in Sheffield, but he still manages to go orienteering on a regular basis.

ALISTAIR HINDLE

1990

...is "now working as a patent agent in Edinburgh [and] getting back into orienteering after a long layoff with achilles tendonitis."

CHRIS MARSH

1992

... is "living near Wimbledon in SW London, near where I grew up. I recently left the Civil Service after 10 years to turn full time as a piano and clarinet teacher [cjmmarsh.co.uk]. Bit of a radical career change but absolutely loving it. Also just had a baby, now 9 months old, called Clara.



Regular appearances at the OMM Mountain Marathon with **Nigel Whiteoak**, including the famous cancelled one at Borrowdale. Not so much orienteering, though I'd like to do more. Nigel and I did appear at the Esber Commons Varsity Match, turned up in our CUOC o-tops, which we realised were only very slightly younger than the students present. Would like to say we dug them out for old times sake, but no, it's just that neither of us has ever got round to buying another o-top!"

DAVID BOWMAN

1991

"After many years abroad, I have been back in the UK for the last 4 years, living in Leeds with my wife, Marion, and daughters Amy (9) and Joanna (6). I haven't stopped orienteering since leaving Cambridge in 1995 and have found it a great way to get to know

interesting people and places when I been living and working in Spain (1 year in La Coruna), the Czech Republic (2 years in Opava), South Africa (3 years in Polokwane) and Poland (5 years in Warsaw). Wish I had more time to get out running in those lovely Yorkshire moors and dales on my current doorstep."

DAN MARSTON

1992

"I am living in Oslo with a wife and 1 year old son. Still orienteering quite a lot for my Norwegian club."

LOZ COLYER

1992

...is "Deputy Head of Centre at Tower Wood Outdoor Education Centre in Windermere. Have been there for 15 years and would only like to leave in a box! So glad I didn't end up working in London or being an electrical engineer - apologies to any friends that are..."

Just love mountaineering in Morocco, the Alps, Norway and Scotland, sea kayaking, orienteering, caving, climbing - all for work and pleasure. It just couldn't get any better for me."

NIGEL WHITEOAK

1992

"In Richmond, running round the park and working out what to do next in the internet/eCommerce area.

Orienteering-wise, just back from the OMM (with fellow DRONGO **Chris Marsh**). Also run in a few of the SLOW summer Trail Challenge events, but haven't been to a 'straight' orienteering event for a while now. Must get back into it this season."

Instead of attending the anniversary dinner, he opted to go to South America before starting his new job.

DOUG MONRO

1993

...is Chief Operating Officer at Zoopla in London and doesn't get to go into forests any more.

ANDY HODGSON 1994

...has moved to Kent. He has "two kids, Finn aged [2&3/4] and Isabelle aged four [months]. Hopefully both will get into orienteering, but it will be difficult as I am unable to these days. Maybe I can send them out with Matthias."

MATT MAHR 1994

...still manages to go orienteering, but he is mainly making a mark as a planner, e.g. for the JK 2008 and Venice 2009.

VIV BARRACLOUGH 1994
(NÉE KAYE)

... "Can now be found living in the limping distance of Storthes Hall Woods, South Huddersfield. Have plenty of hill training with 3 kids and 2 flights of stairs, plus an almost vertical walking route to school. Am currently in organiser mode having set up a book group and a running group I have just found myself Club Night Coordinator and Coach for EPOC (à la **Cath Wilson**, for PFO/SELOC)."

CATHERINE WILSON 1996
(NÉE ASHTON)

"I'm currently living in Rossendale, Lancashire, married to Steve and mum to Daniel and Anna (22 months and 5 months respectively).

Orienteering is still there on my list of pastimes...and I even became a part-time job for just over a year, between the arrivals of Daniel and Anna. I ran two 'club nights' for local clubs PFO and SELOC. These are part of British Orienteering's 'Increasing Participation' initiative and the idea was to set up a weekly training night for both existing club members and to attract new members. It was good fun, and involved doing a mixture of indoor and outdoor physical training and orienteering activities."

CLAIRE HUTCHINSON 1996
(NÉE WARNER)

"In a nutshell, 2008 was wedding to Nick, 2009 was new job, 2010 was year for relocation to north east and buying new house and 2011 will be year for new baby!

Yep, Nick and I now have jobs in the north east, and bought our first house in Rowlands Gill, a lovely wooded valley outside of Newcastle. I am working part-time as a patent attorney (for Atkinson & Company) and running my own intellectual property business called Indigo Chip (check it out: www.indigochip.co.uk). And we're expecting our first baby in February next year.

Did lots of running with the Serpentine running club whilst living in London for 5 years, including 10 marathons over the past few years.

Not currently orienteering or running, but hopefully will get back into it sometime next year!"

SIMON THOMAS 1998

"I'm currently living in Melbourne, Australia, after moving around the UK decided that I needed something a little more exotic. Still working as an engineer in the railway industry, but trying to spend most of my time out and about in Australia.

Have generally kept up the sport as I have moved around, and planning to do a first rogaine in the near future."

BEN READ 1999

"I'm now living in Whaley Bridge and working at Astra-Zeneca in Macclesfield, following a PhD at the University of Manchester.

I haven't done much running since leaving Cambridge - the knee problem which plagued me throughout the orienteering got steadily worse and I went through extensive physio a year or so ago (ultimately diagnosed as a back problem!). Seems much better now and planning to increase my running, but with a house to sort out, finding time is the key! - will hopefully enter some races before too long. Married 5 years now."

JENNY BARRETT 1999
(NÉE COSTIGAN)

"I'm based in Surrey, working in private practice as a Chartered Patent Attorney in London; not orienteering at the moment, but doing some road biking and have recently tried out some MTBO events (despite my comment about not liking mountain biking, I subsequently did try it, for which I coincidentally borrowed a mountain bike off **Phil Slingsby**, another DrongO I happen to know via my husband)."

WAYNE PATRICK 1999



"These days, Wayne Patrick is a Senior Lecturer in Biochemistry at Massey University (Auckland, New Zealand). He married another scientist, Monica Gerth, in 2006, and they try hard (but often not hard enough) to escape the lab and enjoy New Zealand's great outdoors. They're just back from the World Rogaining Champs [in NZ], which is kind of like Long Score at the OMM -- except for 24 hours, non-stop."

DAVID COTTINGHAM 2001

...is "still in Cambridge, and Elke and I are in the process of buying a house in Milton, hence we're likely to be there a while longer! Whilst I would love to get out orienteering, work isn't conducive to it at present: I'm still kept busy at Citrix trying to knock heads together between our engineering teams and those at other companies. Being in Cambridge has provided the opportunity to do some undergraduate supervising, and recently, sing in Churchill Chapel choir. Hopefully moving closer to work will provide more time for further pursuits!"

BLANKA COLLIS 2001
(NÉE SENGEROVÁ)

"After a PhD in Sheffield University, I have ended up in the "other place" for a postdoc, sticking with academic research for a little bit longer. And managing to infiltrate the OUOC training sessions in the process.

In July 2009, I married fellow CUOCer **Mark Collis**, fortunately he stayed around in Cambridge long enough for us to get to know each other!

After sticking with WAOC, we have recently joined our new local club, TVOC, are still orienteering though probably less frequently than when at Uni, and also more locally (though we can be seen at a number of urban events and try to make it to the big ones like the JK)."

ANN MARIE CODY 2003

"I'm still in California doing my PhD. Yes, we take a long time over here => It will hopefully be complete by summer 2011. After that, who knows where I'll be off to next. (hopefully somewhere with good orienteering)!"

ALEX COPLEY 2004

...is returning to the UK, and to Cambridge, after two years living in Los Angeles. He's looking forward to returning to orienteering which is both more plentiful and less spiky than in southern California, having found desert running visually stunning but rather painful (Yucca plants being particularly unpleasant when encountered at speed). He's also hoping to cure himself of a bizarre recent obsession with road-running, so is keen to visit mountains and forests with anyone who's interested.

ELSPETH INGLEBY 2004

...is "still living and working at Aigas Field Centre near Inverness, where we run adult wildlife holidays and environmental education for school kids around the north of Scotland. This unfortunately means I have very little time free for orienteering although I hope to get to a few of the larger competitions next year if possible."

CHRIS WILLIAMSON 2005

"I am teaching chemistry at the Portsmouth Grammar School and adjusting to being a grown-up and not a student. I am living in Old Portsmouth and hoping to get some orienteering started at the school."

VACLAV POTESIL 2005

...is finishing his D.Phil in Oxford.

BEN STEVENS 2006

"I'm just starting a DPhil in maths at Merton College, Oxford. I'm doing quite a bit of orienteering as always, although now running for OUOC unfortunately."

