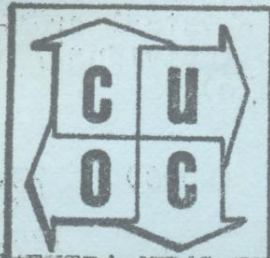


DR THORNE

Chris Thorne

Oct (2) 1977

Cah



Cambridge University Orienteering Club

NEWS EXTRA NEWS EXTRA NEWS EXTRA NEWS EXTRA NEWS EXTRA NEWS EXTRA NEWS????

Due to the large amount of scandal and gossip floating around the club at the moment, I have decided to produce an Extra news-letter, full of all YOUR articles and snippets. However before the gory reports lets have the results from last Saturday's introductory event and a revised event list for this term.

INTRODUCTORY EVENT SANTON DOWNHAM SATURDAY 8th OCTOBER

LONG COURSE

1. A.Parker	34.40
2. T.Hutton	41.17
3. M.Bowman	46.04
4. D.Strachan	46.11
5. M.Dixon	47.40
6. S.Holmes	48.25
7. M.Carter	48.36
8. A.Cole	49.25
9. J.Sherrington	52.05
10. P.Batten	52.26
11. D.Stewart	53.08
12. C.Duckworth	53.10
13. J.Barne	53.14
14. R.Torr	54.39
15. D.Tucker	55.08
16. T.Pike	56.50
17. M.Muffett	56.55
18. D.Grace	57.15
19. M.Young	59.27
20. H.Richardson	60.10
21. S.Hoyworth	66.04
22. N.Dunhill	66.15
23. A.Flinn	66.30
24. P.Mckenna	66.33
25. M.Chick	67.30
26. R.Pratt	68.24
27. C.Thorne	69.00
28. R.Silk	75.30
29. S.Clenaghan	77.00
30. A.Dawson	77.52
31. C.Jenkinson	80.34
(F.Willis	41.35)
(J.Smith	58.07)

wrong@4

not 8

MEDIUM COURSE

1. B.Horlock	27.30	no4
2. D.Beeden	28.20	
3. S.Buttler	34.35	
4. S.Hughes	40.45	
5. U.Lenel	47.15	
6. Johnson	54.35	
7. J.Powell	56.35	
8. B.Johnson & Family	63.10	
9. A.Adler	66.20	
10. M.Downie	72.30	
11. H.Beck	54785	49.66
(J.Smith	58.07)	
(F.Willis	41.35)	

COMMENTS

As I have not got the control cards of Messrs Willis and Smith I don't know which course they did, so I have entered them on both courses. We realise that some of you went to 7 before 4 but under normal circumstances there would have been no such possibility or if so there would have been a manned control.

PUNCHES ONLY COURSE

1. Dave Kingham	48.05
2. Ian Brett	59.25
3. Mike Murray	70.58
4. Jean Mackenzie	75.45
5. Richard Graham	78.10
6. Rob Wedgewood	85.40
7. Chris Mercer	87.10

DISQUALIFIED

Pete Haynes
Charlie Daniel

I hope all those who came enjoyed themselves and will now want to join the club. If you're still not convinced come along again and I'm sure you'll enjoy it.

9th Mammoth Weekend: August 20th/21st 1977

In a green field far away in West Cumberland (Lowther Park and Dent, South of Ennerdale Bridge, to be more precise) there assembled an assemblage of Cambridge orienteers: Dave Hanstock, Charlie Daniel (who had scrounged a lift off some friends who presumably have learnt their lesson), Keith Tompkins (who had scrounged a lift up c/o the National Bus Co.), the author (who had scrounged a lift up off a kamikaze clubmate) and Jane Carter who nipped up in Daddy's Citroen (not the ir mobile home? Ed.).

It turned out to be a reasonably peaceful weekend - no banners pindhed, no dogs shot, nothing of that sort. We were probably all too tired after "runs" on what can best be described as a physical area.

I can't actually remember too much of Saturday's Individual, so I must have had a bad run. (good excuse - see later article).

RESULTS

WI9A (6.6km.)		M2I'A'	
1st S. Harvey (FVO)	67.46	1st S. Elliot (NUOC)	73.08
3rd J. Carter	76.37	23rd C. Daniel	88.33
MI9 (8.4km.)		81st K. Tonkins	125.04
1st D. Petrie (Chig)	75.19	(well he wasn't training)	
12th G. Wilson	88.15	D. Hanstock and M. Ingham (who jacked	

Sunday saw impetuosity to the fore, as CUOC ran in the open class of the relay. The standard was somewhat above the normal Ravoc Relays standard we're used to, surprisingly enough. Keith ran first leg, his performance being distinguished by taking five minutes less than I'd decided he was going to; this injected a little panic into the changeover.

My run was pretty uneventful, bar taking Charlie's map instead of my own; even the 400m. of climb I walked up had brought the other two to their knees!

RELAY RESULTS

Class H (Open) 3X 4km. legs

1st AIRE (S. Barrett, R.T. Bloor, R.A. Bloor)	I33.05
11th CUOC (K. Tonkins, G. Nilsen, C. Daniel)	I46.39
52.27 50.33 43.39	

Overall, most people unfamiliar with Lake District terrain liked the courses: veterans of the Lakes didn't, finding the area tougher and less complicated than the Lake District at its best.

G.J.N. 6/10/77

NEW BETTER IMPROVED LIST OF THIS TERM'S EVENTS

Oct. 15th Thames Valley Night Badge event	(80 m.)
Oct. 16th " Club event	(80 m.)
Entries for Sat.'s event closed - see notice board to see if anyone is going to Sundays event without going on Saturday.	
Oct. 23rd Wash O.C. Club event Sandringham	(60 m.)
Oct. 30th East Anglia Army Junior Champs, Croxton	(40 m.)
Nov. 5th SUOC club event	(130m.)
Nov. 6th November Classic (entries closed and all arranged?)	
Nov. 13th LOK Badge Event Leith Hill - Entries close Mon 17th	
See Peter Haynes as soon as possible if not before.	
Nov. 20th Iconian III - Little Ouse Valley, we now have the map, Graham and the organising committee are beginning to panic. Offers of help still welcome.	
Nov. 26th Midland Night Championships-Leicester	(80 m.)
Nov. 27th NOC Badge event- Annesley Forest	(100 m.)
Dec. 10th Northern Night Championships	
Dec. 11th CLOK Badge event	

Other events (occurrences)

Thur. 20th Talk in Rob's Room (109 blundell, Sidney-As squash)	
"How to Orienteer-for beginners, novices and Keith"	
Fri. 4th EAOA Committee meeting	Any points to be raised at these meetings to Keith.
Fri. 11th CUOC Committee meeting	
Mon. 31st Oct It is hoped to hold a Halloween party at Ian's	
(96 Huntingdon Road- opposite Fitz/top of Castle Hill/back of beyond). This is not definite yet- watch noticeboard for confirmation.	

Make SURE YOU LOOK AT THE NOTICEBOARD REGULARLY.

Heard at Chigwell's Jubilee Mitre Event, Epping North ~~xxxx~~ East- "Reerr, come here, where am I?"

"Sorry Grimble, Can't stop, going for gold".

"Further, as more Americans take to the outdoors, orienteering takes on an added dimension- that of a necessary survival skill, which any person going into the woods should have".

"The map is crucial for successful orienteering".

"Orienteers dress much like hikers".

IS PAGE THREE...IF YOU WANT PAGE FOUR TURN OVER...THIS IS PAGE THREE
Another unofficial, informal introduction to the members of the
committee for which the author will not be very popular if he is
fumbled(definitely not I.M.B.)

The chairman, Keith Tomkins is a third year mathematician
with a passion for trying to beat Ian Bratt and Rob Wedgewood(q.v.) at
events. A frequent drinker (though not so much this year, so he says) he
has been accused of drunken orgies which he claims a) not to know anything
about or b) doesn't remember. He also plays table tennis, squash, a bit of
cross-country on the side and his ambitions include the boundary run in
2 hours 40min. (impossible) and to get a half blue (ditto)

The secretary, Peter Haynes is a second year Mathematician and
is 1/4 of the brains of the committee. Having taken up orienteering when
he came up he has since conned his brother into the sport and is at present
leading MI9 person in the S.E. (not that this means anything). He is multi-
talented including hockey, singing, squash, cross-country(scraping the barrel
now) and probably other things I have forgotten. Notable for his imperson-
ations of Graham Nilsen (q.v.).

The treasurer, Iain Moore(note the i) is the unknown quantity of
the side. A non-mathematician (in fact Natural Scientist) he fiddles the
accounts quite happily. Also a member of the O.T.C. (still I think) and an
ardent fan of Harrow F.C. he knew Keith (q.v.) and Dave k.(q.v.) before
arriving in Cambridge and thanks to their pressurisation then took up the
sport seriously.

And now to the rest of the committee(in strict alphabetical order)
Dave Kingham is a third year theoretical physicist (so I'm told)
but I think what that means is he attends lectures (he certainly doesn't
do any work). A further quarter of the brains, he was at school with Keith
(q.v.) and their reminiscing is something to hear (especially about Al
Dowdra). An ardent jack of all trades he plays footer, squash, tennis, O.T.C.
and anything else he can lay his hands on.

Graham Nilsen is a Geologist in his second year. To make up the
required tally of lectures he also intends to visit the metallurgy labs.
His accent is Liverpudlian so you now know why you can't always understand
him, but he is a "good sport" and doesn't seem to resent too much when (and
this is in fact always) people (e.g. Haynes q.v.) mock him. An ardent
drinker, moaner and spectator at cricket/rugby matches Graham is the planner
of this year's Icenian which will, I hope, give him little time for anything
else.

And now to the remaining half of the brains. Firstly the female
representative, Allyson Reed, former British Champion and club star. She
welcomes all incitements to train especially offers of accompaniment (that
should have read "especially NOT offers of Accompaniment", but advises that
by Christmas she will have no time for anything except exam panicking.
N.B. The notable panicker of the side, she will no doubt get another first
in Chemistry this year.

And last, but by no means least, Rob Wedgewood, Post Office
employee extraordinaire, he is a star engineer, his orienteering ability
has improved in leaps and bounds since taking up the sport Two years ago.
He is also an ardent sailor and glider and delights a) in beating Keith
(q.v.) and b) in memories of Weald Park. I think he'll consider himself
lucky I can't think of anything more to say about him.

As a whole the committee is pretty inefficient (give me one that
isn't) but all enjoy orienteering (which is after all what its all about).
They are all dedicated to beating Oxford this year and making Icenian III
a success. I hope this gives you a biased view of what they are like and
I hope to maintain my anonymity sufficiently long to make good an escape.

CHIGWELL RELAYS 2nd OCTOBER 1977

Six members of CUOC travelled to Epping Forest North West for this
veritable feast of orienteering excellence. We entered four relay teams of
three runners each which meant that everyone had to run twice. For new-
comers to the sport I should explain that this is really bending the rules
a bit but it did all add to the fun.

The forest was very pleasant to run in and did pose quite a few
navigational problems at least on the first legs. As usual there were
comments like "haven't you run once already" but due to clever pseudonyms
we might avoid disqualification.

The results were that Jean, Allyson and Rob won the "C" relay (2.7km). Dave, Graham and Pete came second in the "B" relay (4.0km.) and in the "A" relay (6.0km.) Rob, Dave and Graham were 4th and Pete, Allyson and Jean were 9th. We should really have won the "B" relay except that someone ran off with the wrong map and had to come back and get the right one.

Altogether a very successful day - no cars broke down and we were all back in Cambridge before 4.00pm. The cost was £1.20 each including petrol and entry fees. Dave Kingham

A FRESHERS GUIDE TO ORIENTEERING EXCUSES

To those of you who have only recently been exposed to the sport of orienteering I have a startling revelation to make. The aim of Orienteering is not, as you may, in your innocence (N.B. all freshers are innocent c.f. average freshers disco) have assumed, to find all the controls in the correct order in the shortest time but rather to produce the best reasons, or should I say excuses, for failing to "win". (contrary to rumours there is no prize available for anyone understanding the above sentence). Some of you may have encountered Grumble, the club mascot, who appears to be a past master at excuses, however, the more observant of us have established that the noises he utters are complaints rather than excuses. Anyway, for what its worth, here is my list of Orienteers' excuses.

- "I got lost on the way to the master maps."
- "I fell asleep at the 4th control and when I got up to continue I found that someone had stolen my shoelaces-possibly a Gremlin (or Grumble)."
- "Control IO /was in the wrong place/had been stolen/was half buried/was completely buried/was on the central reservation of the M1."
- "My glasses got steamed up."
- "I followed a WI7 by mistake"
- "I fell over and knocked myself unconscious".
- "I called in at the pub between controls II and I2 for a pint".
- "My shoes disintegrated".
- "Because of the crocodiles in the river I had to run three miles out of my way to find a bridge."
- "I spent twenty minutes at the 2nd control looking for my false teeth that were knocked out by a flash of lightning."
- "I was suffering from a hangover/sunburn/frost bite/heat exhaustion/too much training/too little training/being driven to an event by Ian."
- "I had to do some supervision work on the way round."
- "The map was a work of fiction."
- "I made a slight detour to murder the course planner."
- "I would have been quicker but I had to stop at the last control to think of some excuses."

Perhaps this has given you food for thought but hopefully none of you will ever need to employ as many excuses as the 1st team runner in last years Varsity Match who took just seven minutes less than twice the winners time, fortunately for him Oxford were so strong that they would have won even if he had taken no time at all! The situation will be quite different this year with a much stronger Cambridge team and a somewhat weaker Oxford side. Good luck to all those who aspire to any of the Cambridge teams.

Dave Kingham

TECHNIQUE TRAINING

"The Haynes Patent relay Changeover system" for 2nd and 3rd leg runners. Spell bound observers at the Chigwell Relays earlier this month saw the first competitive use of this important breakthrough in defeating opposing teams (they were so helplessly laughing that they were incapable of reaching the first control). The technique, as seen by our correspondent, would seem to be this: i) Outgoing runner intercepts incoming runner midway between the last control and the finish. ii) Both runners run parallel to each other, with outgoing runner shouting and waving his arms about to distract the opposition/incoming runner. Outgoing runner then dives at the feet of the incoming runner. iii) both runners cross finishing line separated to ensure the total involvement of the finish team iv) Changeover v) Outgoing runner departs back through finish in direction of the last control, clocking up another time. The error of his ways is politely pointed out by his newly-finished team-mate. vi) Outgoing runner returns back through finish, accompanied by olde English dancing on the time sheets. vii) Outgoing runner passes out of sight. viii) After a decent interval of time, outgoing runner reappears from the direction of the first control, to exchange map for the one he should have picked up in the first place.

G.J.N. 7/10/77