600C CUOC APRIL NEWSLETTER

Deer Orienteer,

It's back to the bountiful summer sum in Cambridge. This makes Orie tee ing a pleasant activity. You can really relax in the cool of the forests, and let your mind turn over its thoughts. And you will feel fresh and alert for any exams you may have to take. It's a big advantage over those who have clogged up their brains by continuous study, and are unable to think freely as a result.

Here is what is going on this term. Anew aspect of Orienteering, which has not yet occurred in Britain, is the possibility of picking up jaundice. This has ened in Staden between 1961-1965. However, moves were made to eliminate this risk, and A no further cases of jaundice were reported. The moves consisted of a) having full body covers to That is, no shorts, or short sheeves could be worn.

Arms and legs had to be covered.

Since nobody wents to catch jaundice in Britain the best policy is toprevent it occurring in the first place. On the basis of Swedish experience,

Full body coverage is compulsory from 14 Apr 74, at all events.

And But here are the events. . .

	27/28	Apr	British	University Sports Champs		9 Club Members asked to compete
	19	Lay	Club	Santon Downham, Suffolk	35 miles	
***	12	May		Hindhe d, Hamts	85 m les	
	2	Jun	Club	Rammore, nr London	50 miles	
	8	Jun		Surrey, place unknown.		
	9	Jun	National	l Senior Champs, Hants		Any paid up mem er of BOF
	16	Jun	Relays	Hainault forest, Essex	50 miles	

If you would like to go to these events, sign your named on the list outside S5, Queens' College. We shall try and fix transport, but a better idea might be for you to induce a frie d with a car to me along to the event as well. If you can do this, it would be a great help.

Thinking shead to next October, ther is an good chance for anyone to take up the interesting and worthwhile posts of all Secretary which is useful admin experience, b) Treasurer, if you like handling money.

c) Chairman, With the World Champs Coming to Britain in 1/2 1976, you would be able to keep an eye on what progress Britainis making. If Doing these jobs comes in handy when potential employers ask you "Yes, so you have a degree, but what have you actually D NE at University ?? And as most employer are ignorant of Orientering, IN they are happy to listen to what you tell them about it.

Everyone can get together at the Annual General Meeting and discuss business. It will be held on Wed 8 May, at 8.00pm. It will be in Room F4, Emmanuel College. Let
You canfind out about any of the European events for the Vac, And you can hear about see about going on the 'Are You Fit' Course inOctober. Tim Helliwell and Alan Gibson have just returned from an enjoyable and instructive week on an 'Orienteering Techniques' course. A nice way to spend 5 days.

Good Orienteering then,