NEWSLETTER

It was nice to see a good turn out for the Marsham Heath event. The ground available for this race was by no means ideal. There was far more gorse than is desirable, and the open nature of much of the country made it necessary to place some of the markers lower than we would have liked. Unfortunately Norfolk lacks an abundance of good orienteering country and we must conserve the better woods for the day when standards have risen. The times taken by many of the entry suggest that they would have been well advised to run the B course. At any event the A course will be the longest and the most technically demanding. It will require much greater accuracy and until you can achieve this it is better to build your skills on a course graded to suit your lack of experience. Many competitors at Marsham made little use of attack points and paid little if any attention to pace counting.

For those who found Marsham difficult and who would like to improve their skill we shall hold a one day course in that area on Saturday I3th January I973. This will consist of a morning of indoor instruction and discussion followed by an afternoon session on the heath itself. We are most fortunate in having been offered the use of **Mxxxx** Heydon Rectory for the morning session which will commence at I030. The rectory lies immediately east of Heydon Chuch at GR I15274. You will need to bring compass pen and suitable clothing, plus a packed lunch. Norwich 0.C. will provide coffee. We have to limit numbers to 30 so if you would like to attend this course please return the detachable slip plus the sum of 20p per person to Julian Gillett

42 Tuttles Lane West Wymondham (Wym 2796)

by 31st December 1972. If this course is oversubscribed the club will notify those it cannot accommodate. If you are not notified to this effect please assume that you are on the course.

Please note that with effect from December, the monthly social gathering of the Norwich O.C. will be moved to the last priday of each month at Bystanders Society, 5, Thorpe Road, Norwich (29.12.72).

| Please enrol the following persons for the orienteering course on Saturday 13th January 1973. I enclose the sum of P |
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| Name(s) |
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| |
| Telephone number |